

Meridian Public Schools The Hoof Print - Home of the Mustangs

Mission Statement:

Meridian Public Schools will educate all students in a safe, nurturing environment while challenging them to develop their integrity, knowledge, and unique talents to become responsible, productive citizens.

Newsletter

www.meridianmustangs.org

July, 2022

Newsletter – July, 2022 Superintendent Randy Kort

·>>>>>>>>>>

As I am writing this, we have the wheat turning and getting ready to be cut. The corn and beans are looking good and we have thankfully been missing the hail. The students have been attending weights in the morning, camps during the day, and staying busy with summer activities. It is hard to believe, but we are going to be back in school in about 7 weeks.

During summer break, we have sanded and polished the gym floor and have also updated the stage lights and sound system.

Everyone please enjoy your Fourth of July and have some great family time.

All student athletes please get your physicals completed by the first of August and submitted to Trish.

BUSING

Parents will be notified of the busing times and routes in early August.

SCHOOL WEBSITE

Stay updated with the District news by visiting the Meridian Public Schools website (www.meridianmustangs.org)

Board of Education Meridian Public Schools District – 48-0303 Daykin, Nebraska, 68338 Monday, June 20, 2022

Regular June 20, 2022 Meeting 6:00 P.M.

Meridian Public School Board of Education met on June 20, 2022, as per notice in the Fairbury Journal-News.

President Bartels called the meeting to order at 6:05 p.m. The open meeting law information was presented.

Roll call was taken: Vorderstrasse – present, Niederklein – present, Sobotka – present, Rut – present, Scheer – present, and Bartels – present. Also present were Superintendent Kort, Principal Scott and Clint Jones.

Nothing new was added to the agenda.

During the public comments, Brian Rut spoke on behalf of Jay and Staci VanWesten. The VanWesten's would like to donate a "Meridian FFA Welcomes You" sign to be posted near the school.

Sobotka moved and Niederklein seconded to approve the consent agenda as presented.

- A. Minutes of Monday, May 16, 2022, Regular Meeting
- B. District Financial Report
- C. Activity Fund Report
- D. Hot Lunch Fund Report
- E. Bills

Vote taken: Vorderstrasse – aye, Niederklein – aye, Sobotka – aye, Rut – aye, Scheer – aye, and Bartels – aye. Motion passed 6-0.

Curriculum report:

 Updates to the English/Language Arts curriculum will create more balanced learning between vocabulary & writing and fiction & non-fiction.

Sobotka moved and Rut seconded to approve Dana Cole as the auditors for the 2021-2022 school year. Vote taken: Vorderstrasse – aye, Niederklein – aye, Sobotka – aye, Rut – aye, Scheer – aye, and Bartels – aye. Motion passed 6-0.

Mr. Kort presented proposed school lunch prices for the 2022-2023 school year. Lunch prices have remained the same for the past five years. Current prices are:

Breakfast: Elementary - \$1.30, 7-12 grade - \$1.55, Adult - \$2.00

Lunch: Elementary - \$2.60, 7-12 grade - \$2.70, Adult - \$3.50

Vorderstrasse moved and Scheer seconded to keep the breakfast and lunch prices the same has they have been. Vote taken: Vorderstrasse — aye, Niederklein — aye, Sobotka — aye, Rut — aye, Scheer — aye, and Bartels — aye. Motion passed 6-0.

Mr. Kort presented the yearly contract for Southeast Nebraska Regional Program Interlocal Agreement for the Deaf or Hard of Hearing. Niederklein moved and Vorderstrasse seconded to approve the yearly contract for the SNRP Deaf or Hard of Hearing Agreement. Vote taken: Vorderstrasse — aye, Niederklein — aye, Sobotka — aye, Rut — aye, Scheer — aye, and Bartels — aye. Motion passed 6-0.

Policy 5000s were reviewed at the May board meeting. Scheer moved and Niederklein seconded to approve the Policy 5000s. Vote taken: Vorderstrasse – aye, Niederklein – aye, Sobotka – aye, Rut – aye, Scheer – aye, and Bartels – aye. Motion passed 6-0.

Mr. Kort presented the 2022 Census Report to the Board. Rut moved and Niederklein seconded to approve the 2022 Census. Vote taken: Vorderstrasse – aye, Niederklein – aye, Sobotka – aye, Rut – aye, Scheer – aye, and Bartels – aye. Motion passed 6-0.

Mr. Kort proposed to the Board the purchase of an enclosed trailer. The trailer would be used primarily for the band and drama departments. He will provide more information in the near future.

Principal's Report:

- 2022-2023 Student counts 114 in elementary, 100 in high school, 1 exchange student for a total of 214 students.
- Mr. Scott attended the Meridian Alumni banquet in Tobias on June 4, presenting highlights from the 2021 – 2022 school year.
- Summer school is in full swing. Two teachers are working with 18 students on math and reading skills.



July, 2022

Meridian Public School, District 48-0303

• The annual non-public Title parent meeting was held on Tuesday, June 7. We had a new family to the area attend to get information about potential services.

 Meridian staff attended the ESU5 Services planning day. This provided an opportunity to discuss services that can be provided to the school district through the ESU.

- The competition gym has been sanded and prepped for the new year.
- Meridian held a basketball camp the week of June 13.
- Stage lights and sound are scheduled to be installed the week of June 20.
- FBLA National Leadership Conference is scheduled for June 30-July 2 in Chicago. Brynn Holtmeier will be representing Meridian.

Superintendent's Report:

- Summer Projects Update
 - The sanding and updating of the competition gym floor has been completed.
 - Painting the ceiling in the commons and touch up painting are yet to be completed.
 - ° Classrooms are being emptied out and cleaned up.
- Summer weights are underway. Girls attend on Monday, Tuesday & Thursday and boys on Monday, Wednesday & Friday.
- Basketball camp was hosted at Meridian this past week.
- NASB will no longer be part of the National School Board Association.
- · Potential Board Retreat dates.

The next Regular Meeting was set for Thursday, July 14, 2022, at 5:00 p.m. followed by a Board retreat at Kerry's in McCool Junction.

Sobotka moved and Vorderstrasse seconded to adjourn at 6:43 p.m. Vote taken: Vorderstrasse – aye, Niederklein – aye, Sobotka – aye, Rut – aye, Scheer – aye, and Bartels – aye. Motion passed 6-0.

Jamie Niederklein,

Secretary Meridian District #48-0303



Mustang MEMO Mr. Harold Scott

As	of June 28,	2022
	2021-2022	2022-2023
PreK	6	8
Kindergarten	. 21	11
1 st	16	21
2^{nd}	10	17
$3^{\rm rd}$	17	11
4 th	16	17
5 th	12	16
6^{th}	<u>15</u>	<u>13</u>
	113	114
7^{th}	13	17
8^{th}	17	14
9 th	18	18
10 th	11	19
11 th	19	11
12 th	15	<u>19</u>
	<u>15</u> 93	98
Exchange	$\frac{3}{96}$	_1
Č	96	<u>1</u> 99
Grand Total	209	213
NSAA 9 th -11	th count -	

(anticipated this year 48)(Last year 49) (2 years 49)(3 years 51)(4 years 58)(5 years 60)(6 years 67)(7 years 59)(8

years 46)

Mr. Scott attended the Meridian Alumni banquet in Tobias on June 4, presenting highlights from the 2021-22 school year.

Summer school is in full swing. Two teachers are working with 18 students on math and reading skills. Summer school met on Tuesdays and Wednesdays during June, and will finish classes on the 19th of July.

The annual non-public Title parent meeting was held on Tuesday, June 7. We had a new family to the area attend to get information about potential services.

Meridian staff attended the ESU5 Services planning day. This provided an opportunity to discuss services that can be provided to the school district through the ESU.

The competition gym has been sanded and prepped for the new year.

Meridian held a basketball camp the week of June 13. Students from the upcoming 4th grade to seniors

attended. Not only were our student athletes able to hone their basic skills, they had fun while they were at it. Thank you Coach Pohlmann and Coach Hofstetter for spending time to help our athletes become better players.

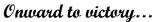
Yandas of Kearney were here the week of June 20 to install the stage lights and sound system. On Friday, June 24, staff members were taught how to operate the new system. Meridian will enjoy quality lighting and sound for years to come.

FBLA National Leadership Conference was scheduled for June 30 through July 2 in Chicago. Brynn Holtmeier is representing Meridian.

2022-2023 PHYSICALS

Jefferson Community Health and Life Fairbury Clinic will be offering sports physicals to students of any grade by appointment. On May 26th, June 23rd, and July 28th from 4:40 p.m. to 7:00 p.m., Fairbury Clinic is offering evening appointments. If you would like to take advantage of the evening schedule, please call 402-729-3361 and make your appointment. Kindergarten, 7th Grade, foreign exchange students, and students who move to our district from out of state are also required to have Nebraska physicals and State school immunization requirements must be met. In addition to a physical, Kindergarten, foreign exchange students, and students who move to our district from out of state will need an eye exam. Please call 402-729-3361 to schedule your appointment. Physicals must be completed before August 1, 2022. Students must bring all forms with their name and date of birth on each as indicated - including the medical history form. These forms also require a signature by a parent or guardian. If a student comes to their appointment without completed forms, they will need to reschedule their physical.

The price of each physical without insurance will be \$85 with an additional \$34 charge if a urine sample is required (7th Grade and Kindergarten). If you would like this ran through your insurance as a Well Child Check, make sure you have not submitted a Well Child Check within a year and notify the clinic at the time of scheduling. If urine is required, please pick up a sterile cup from the clinic ahead of time.



May they win again today...



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Meridian Public School, District 48-0303

July, 2022

Physical forms can be found at the back of this newsletter, at the District Office of Meridian Public Schools, or on the NSAA website (nsaa.home). Please fill out all of the attached forms. You need to include a signed NSAA Parent and Student Consent form when you turn your physicals in to the school. Student athletes are NOT allowed to play without a completed consent form on file at the school.

150TH CELEBRATION

Alexandria, Nebraska was founded 150 years ago. The town is holding a celebration on August 27th, 2022. There will be events throughout the day for everyone to enjoy. More information will be forthcoming as it becomes available.

DAYKIN COMMUNITY GARAGE BALEB

The 2022 Daykin Community Garage Sales have been scheduled for Thursday, August 11 (4 pm - 8 pm), Friday, August 12 (8 am - 8 pm), and Saturday, August 13 (8 am - noon). Maps with locations and items for sale will be printed by August 1st. If you are interested in participating, please contact Mary Heidemann at 402-587-0177 by then. The maps and sale bills will be available at the Daykin Country Store and all participating locations. There is no fee for participation.



Meridian Public School, District 48-0303

July, 2022

2022-2023 MERIDIAN SCHOOL SUPPLY LIST

Pre-K

- ♦ 1 Box of Kleenex
- ♦ 1 Containers of Disinfectant Wipes
- O Book Bag
- ♦ 1 30" x 54" Bath Towel (for quiet time)
- Non-Marking Gym Shoes with Velcro or Elastic Straps
- 1 Complete change of clothes in a plastic bag labeled with the child's name to be kept at school in case of accidents or spills.

Optional:

- ◊ Water Bottle
- Light Jacket or Sweater for Use in Classroom
- 1 Bottle Hand Sanitizer OR 1 Container Baby Wipes - for Hands and Face Please put your child's initials on the items they bring.

2nd Grade

- ◊ Pencils
- ♦ Fraser
- ♦ Crayons (24 48 Count)
- ♦ Markers
- ♦ 1 Box of Facial Tissue
- ♦ Scissors
- ♦ Book Bag
- ♦ P.E. Shoes (no dark soles)
- ♦ 1 Pocket Folder
- ♦ Paint Shirt
- ♦ 2 Containers Clorox Wipes
- Pencil Box or Container (make sure it will fit in your desk)

Optional:

- ♦ Colored Pencils
- ♦ Ruler
- ♦ Glue Sticks
- ♦ Earbuds
- ♦ 1 Hand Sanitizer

Please do not send personal pencil sharpeners as electric sharpeners are provided in the classroom.

5th Grade

- ♦ #2 Wooden Pencils and Eraser
- ♦ 1 Jumbo Book Cover
- ♦ 3 Boxes Facial Tissue
- ♦ 3 70-Page Count Notebooks
- ♦ 2 Pocket Folders
- ♦ 1 Set of Dry Erase Markers with Eraser
- ♦ PE Shoes Non-Marking
- ♦ 100 Sheet Loose Leaf Paper
- ♦ Student Planner

Kindergarten

- ♦ 2 Boxes of Facial Tissue
- Non-Marking Gym Shoes -Velcro PLEASE
- ♦ Backpack/Book Bag
- 3 Large Containers Disinfectant Wipes OR
 2 Spray Bottles Cleaner/Disinfectant (It is helpful to send paper towels if you buy spray).
- 1 Complete change of clothes in a plastic bag labeled with the child's name to be kept at school in case of accidents or spills.
- 1 Paint Smock Plastic/Vinyl (if possible)

Optional:

 Small travel pillow if your child wants one for rest time. This will only be used the FIRST QUARTER.

Please label items you send with your child's name

Please DO NOT send your child in tie shoes (especially for PE) if they are unable to tie their own shoes. We work on this skill, but it is difficult to have one person tie several pairs of shoes multiple times per day.

3rd Grade

- ♦ 4 Glue Sticks
- $\Diamond \ \mathsf{Pencil} \ \mathsf{Case} \ \mathsf{or} \ \mathsf{Box}$
- ♦ 2 Yellow Highlighters
- ♦ Pencils
- ♦ Erasers
- ♦ Markers
- ♦ 5-10 Dry Erase Markers (any color)
- ♦ Colored Pencils
- ♦ Scissors
- ♦ Backpack/Book Bag
- ♦ 2 Pairs Ear Buds
- ♦ Paint Shirt
- ♦ P.E. Shoes (no dark soles)
- ♦ Boxes of Tissue
- ♦ Germ-X
- ♦ Clorox Wipes

Please do not send personal pencil sharpeners as electric sharpeners are provided in the classroom.

6th Grade

- ◊ 12 Pencils
- ♦ Eraser
- ♦ Book Bag
- ♦ PE Shoes NON-MARKING
- ♦ 5 Pocket Folders
- ♦ Dry Erase Markers
- ♦ 1 Trapper/Keeper
- ♦ 2 Highlighters
- ◊ 2 Boxes Facial Tissue

Optional:

♦ Earbuds/Headphones

- ♦ #2 Pencils
- ♦ Cravola Cravons (24 Count ONLY)

1st Grade

- ♦ 2-3 Large Erasers
- ♦ Scissors
- ♦ 1 Pencil Box or Bag
- ♦ Crayola Markers
- ♦ 2-3 Large Boxes of Facial Tissue
- ♦ 1 Container Clorox Wipes
- ♦ 4 Jumbo Glue Sticks
- ♦ Headphones
- ♦ 1 Pocket Folder
- 1 Single Subject Wide Ruled Spiral Notebook
- ♦ Book Bag
- ♦ Non-Marking Gym Shoes
- ♦ Paint Shirt

Please label items you send with your child's

Please do not send personal pencil sharpeners as electric sharpeners are provided in the classroom.

4th Grade

- ♦ 1 Box Facial Tissue
- ♦ 1 Pocket Folder
- ♦ 1 Pencil Pouch or Box
- ♦ Earbuds
- ♦ #2 Pencils
- ♦ 2 Wide Ruled Notebooks
- ♦ 1 Clorox Wipes
- ♦ 2 Large Erasers
- ♦ 1 Set of Water Colors
- ♦ Non-Marking PE Shoes

7th Grade Science

♦ 1 - 3-Ring Binder or Folder

7th - 12th Grade Math Classes

 Scientific Calculator (If your child does not own a scientific calculator, please consider buying them one for the upcoming school year. A preferred calculator among many of the students is a Texas Instruments (TI-30XIIS.)

ALL HIGH SCHOOL STUDENTS

↑ 1 Box Facial Tissue



Shout 'til the echoes ring...

For the glory of our team!





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Meridian Public School, District 48-0303

July, 2022

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Name: Date of examination:	
	How do you identify your gender? (F, M, or other):
List past and current medical conditions.	
Have you ever had surgery? If yes, list all past surg	gical procedures.
Medicines and supplements: List all current presci	riptions, over-the-counter medicines, and supplements (herbal and nutritional).
	rour allergies (ie, medicines, pollens, food, stinging insects).
The you have any allergies? It yes, please list all y	

Patient Health Questionnaire Version 4 (PHQ-4) Over the last 2 weeks, how often have you been bothered by any of the following problems? (Circle response.)									
	Not at all	Several days	Over half the days	Nearly every day					
Feeling nervous, anxious, or on edge	0	1	2	3					
Not being able to stop or control worrying	0	1	2	3					
Little interest or pleasure in doing things	0	1.	2	3					
Feeling down, depressed, or hopeless	0	1	2	3					
(A sum of ≥3 is considered positive on either su	bscale [auestion	s 1 and 2, or aues	stions 3 and 41 for scre	ening purposes.)					

(Ехр	IERAL QUESTIONS lain "Yes" answers at the end of this form. e questions if you don't know the answer.)	Yes	No
1.	Do you have any concerns that you would like to discuss with your provider?		
2.	Has a provider ever denied or restricted your participation in sports for any reason?		
3.	Do you have any ongoing medical issues or recent illness?		
HEA	RT HEALTH QUESTIONS ABOUT YOU	Yes	No
4.	Have you ever passed out or nearly passed out during or after exercise?		
5.	Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?		
6.	Does your heart ever race, flutter in your chest, or skip beats (irregular beats) during exercise?		
7.	Has a doctor ever told you that you have any heart problems?		
8.	Has a doctor ever requested a test for your heart? For example, electrocardiography (ECG) or echocardiography.		

	rt Health Questions about you Ntinued)	Yes	No
9.	Do you get light-headed or feel shorter of breath than your friends during exercise?		
10.	Have you ever had a seizure?		
HEA	RT HEALTH QUESTIONS ABOUT YOUR FAMILY	Yes	No
11.	Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 35 years (including drowning or unexplained car crash)?		
12.	Does anyone in your family have a genetic heart problem such as hypertrophic cardiomyopathy (HCM), Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy (ARVC), long QT syndrome (LQTS), short QT syndrome (SQTS), Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia (CPVT)?		
13.	Has anyone in your family had a pacemaker or an implanted defibrillator before age 35?		



Signature of athlete: ___

Signature of parent or guardian:

Go Mustangs!



Meridian Public School, District 48-0303

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The second secon	Yes	No	MEDICAL QUESTIONS (CONTINUED)	Yes	N
14. Have you ever had a stress fracture or an injury			25. Do you worry about your weight?		
to a bone, muscle, ligament, joint, or tendon that caused you to miss a practice or game?		Ш	26. Are you trying to or has anyone recommended that you gain or lose weight?		
15. Do you have a bone, muscle, ligament, or joint injury that bothers you?			27. Are you on a special diet or do you avoid certain types of foods or food groups?		
MEDICAL QUESTIONS	Yes	No	28. Have you ever had an eating disorder?		Г
16. Do you cough, wheeze, or have difficulty breathing during or after exercise?			FEMALES ONLY	Yes	N
17. Are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ?			Have you ever had a menstrual period? How old were you when you had your first menstrual period?		_
18. Do you have groin or testicle pain or a painful bulge or hernia in the groin area?			31. When was your most recent menstrual period?		
Do you have any recurring skin rashes or rashes that come and go, including herpes or methicillin-resistant Staphylococcus aureus (MRSA)?			32. How many periods have you had in the past 12 months? Explain "Yes" answers here.		
20. Have you had a concussion or head injury that caused confusion, a prolonged headache, or memory problems?					
21. Have you ever had numbness, had tingling, had weakness in your arms or legs, or been unable to move your arms or legs after being hit or falling?					
22. Have you ever become ill while exercising in the heat?					
23. Do you or does someone in your family have sickle cell trait or disease?					
24. Have you ever had or do you have any prob- lems with your eyes or vision?		П			

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■ PREPARTICIPATION PHYSICAL EVALUATION ATHLETES WITH DISABILITIES FORM: SUPPLEMENT TO THE ATHLETE HISTORY

Name:	Date of birth:		
1 1	ype of disability:		
0	Date of disability:		
	Classification (if available):		
	Cause of disability (birth, disease, injury, or other):		
	ist the sports you are playing:		
		Yes	No
6. D	Do you regularly use a brace, an assistive device, or a prosthetic device for daily activities?		
	Do you use any special brace or assistive device for sports?	\vdash	
	Do you have any rashes, pressure sores, or other skin problems?		
9. [Do you have a hearing loss? Do you use a hearing aid?		
10. D	Do you have a visual impairment?		
11. D	Do you use any special devices for bowel or bladder function?		
-	Do you have burning or discomfort when urinating?	\bot	
	Have you had autonomic dysreflexia?		
	Have you ever been diagnosed as having a heat-related (hyperthermia) or cold-related (hypothermia) illness?		
	Do you have muscle spasticity?	\perp	
E _{art}	Do you have frequent seizures that cannot be controlled by medication? n "Yes" answers here.		
			700
Please	indicate whether you have ever had any of the following conditions:	V	NE
Atlanta	oaxial instability	Yes	No
	liographic (x-ray) evaluation for atlantoaxial instability	+-	
	ated joints (more than one)	+-	
	pleeding	\top	
	jed spleen	+-	-
Hepati		\top	
_	penia or osteoporosis		
	Ity controlling bowel	\vdash	
	lty controlling bladder	\top	
	ness or tingling in arms or hands		
Numb	ness or tingling in legs or feet		
Weak	ness in arms or hands		
Weak	ness in legs or feet		
-	t change in coordination		
Recent	t change in ability to walk	\perp	
Spina		\perp	
Latex o	•		
Explai	n "Yes" answers here.		
	by state that, to the best of my knowledge, my answers to the questions on this form are complete an of athlete:	d corre	ct.
	of parent or guardian:		
Date:			

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PHYSICAL EVALUATION

PHYSICAL EXAMINATION FORM

Name:	Date of birth:

PHYSICIAN REMINDERS

athletics and activities.

Parent or Legal Guardian Signature

- 1. Consider additional questions on more-sensitive issues.
 - Do you feel stressed out or under a lot of pressure?
 - · Do you ever feel sad, hopeless, depressed, or anxious?
 - Do you feel safe at your home or residence?
 - Have you ever tried cigarettes, e-cigarettes, chewing tobacco, snuff, or dip?
 - During the past 30 days, did you use chewing tobacco, snuff, or dip?
 - Do you drink alcohol or use any other drugs?
 - Have you ever taken anabolic steroids or used any other performance-enhancing supplement?
 - Have you ever taken any supplements to help you gain or lose weight or improve your performance?
 - Do you wear a seat belt, use a helmet, and use condoms?
- 2. Consider reviewing questions on cardiovascular symptoms (Q4-Q13 of History Form).

EXAMIN.	1OITA	1											
Height:					Weight:								
BP:	1	(1)	Pulse:		Vision: R	20/	L 20/	Cc	orrect	ed: □Y	□N
MEDICAL	j											NORMAL	ABNORMAL FINDINGS
	n stig				sis, high-ard [MVP], and			atum, arad	chnodactyly, hy	perlaxity,	,		
Eyes, earsPupilsHearing	equa		throa	t									
Lymph no	des												
Hearta • Murm	urs (a	usculta	ation s	tandir	g, auscultat	ion supine,	. and ± Valsalv	a maneuv	er)				
Lungs													
Abdomen													
Skin Herpe			rus (H	SV), le	sions sugge	estive of me	thicillin-resista	nt Staphylo	ococcus aureus	(MRSA),	or		
Neurolog	ical												
MUSCUL	OSKE	LETAL										NORMAL	ABNORMAL FINDINGS
Neck													
Back													
Shoulder	and a	ırm											
Elbow an	d fore	arm											
Wrist, ha	nd, ar	nd fing	ers										
Hip and t	high												
Knee													
Leg and c	ınkle												
F∞t and	toes												
Functiona • Doubl	7. Const.	squat	test, si	ngle-le	eg squat test	t, and box	drop or step d	rop test					
									cardiac history or e				ination of those.
Address:	Service Control					-							
9 2019 Am	erican rthopa	Acadei edic Sc	ny of F ciety fo	amily l or Spor		merican Aca					e, Am	erican Medic	, DO, NP, or PA al Society for Sports Medicine, it for noncommercial, educa-
I hereby vive	permi	ssion for	the rel	ease of	the attached st	udent medica	al history and the	results of the	actual physical exa	amination t	to the s	school for the t	purposes of participation in





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July, 2022

■ PREPARTICIPATION PHYSICAL EVALUATION

MEDICAL ELIGIBILITY FORM									
Name: Date of birth:									
□ Medically eligible for all sports without restriction									
□ Medically eligible for all sports without restriction with recommendations for further evaluation or treatment of									
□ Medically eligible for certain sports		_							
□ Not medically eligible pending further evaluation		_							
□ Not medically eligible for any sports Recommendations:		_							
I have examined the student named on this form and completed the prepartice apparent clinical contraindications to practice and can participate in the sport examination findings are on record in my office and can be made available to arise after the athlete has been cleared for participation, the physician may reand the potential consequences are completely explained to the athlete (and participation).	rt(s) as outlined on this form. A copy of to the school at the request of the pare escind the medical eligibility until the p	f the physical nts. If conditions							
Name of health care professional (print or type):	Date:								
Address:	Phone:								
Signature of health care professional:		_, MD, DO, NP, or PA							
SHARED EMERGENCY INFORMATION Allergies:									
Medications:									
Other information:									
Emergency contacts:		_							
		- 0							





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Meridian Public School, District 48-0303

July, 2022

To be completed for				
Students participating in any				
NSAA activities				

Student and Parent Consent Form

- 1	100	1		1	
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Į.				A I	В
	- 1			- //	100

School Year: 20	-20		
Member School:			
Name of Student:			
Date of Birth:		Place of Birth:	

The undersigned(s) are the Student and the parent(s), guardian(s), or person(s) in charge of the above-named Student and are collectively referred to as "Parent".

The Parent and Student hereby:

- (1) Understand and agree that participation in NSAA sponsored activities is voluntary on the part of the Student and is a privilege;
- (2) Understand and agree that (a) by this Consent Form the NSAA has provided to the Parent and Student of the existence of potential dangers associated with athletic and activity participation; (b) participation in any activity may involve injury or illness of some type; (c) the severity of such injury can range from minor cuts, bruises, sprains, and muscle strains to more serious injuries to the body's bones, joints, ligaments, tendons, or muscles, to catastrophic injuries to the head, neck and spinal cord, and on rare occasions, injuries so severe as to result in total disability, paralysis and death; (d) the severity of an illness, including contagious diseases such as the COVID-19 virus, and bacterial infections may be so severe as to result in disability and death; and, (e) even with the best supervision, the use of the best protective equipment and strict observance of rules, injuries are still a possibility;
- (3) Consent and agree to participation of the Student in NSAA activities subject to all NSAA Bylaws and rules interpretations for participation in NSAA sponsored athletic and/or activities, and the athletic and activities rules of the NSAA member school for which the Student is participating; and,
- (4) Consent and agree to (a) the disclosure by the Member School at which the Student is enrolled to the NSAA, and subsequent disclosure by the NSAA, of information regarding the Student, including the Student's name, address, telephone listing, electronic mail address, photograph, date of and place of birth, major fields of study, dates of attendance, grade level, enrollment status (e.g., full-time or part-time), participation in officially recognized activities and athletics, weight and height as a member of athletic teams, degrees, honors and awards received, statistics regarding performance, records or documentation related to eligibility for NSAA sponsored activities, medical records, and any other information related to the Student's participation in NSAA sponsored activities; and, (b) the Student being photographed, video recorded, audio taped, or recorded by any other means while participating in NSAA activities and contests, consent to and waive any privacy rights with regard to the display of such recordings, and waive any claims of ownership or other rights with regard to such photographs or recordings or to the broadcast, sale or display of such photographs or recordings.
- (5) Consent and agree to authorize licensed sports injury personnel to evaluate and treat any injury or illness that occurs during the Student's participation in NSAA activities. This includes all reasonable and necessary preventive care, treatment and rehabilitation for these injuries. This would also include transportation of the Student to a medical facility if necessary. Such licensed sports injury personnel are independent providers and are not employed by the NSAA.
- (6) Acknowledge that Parents are obligated to pay for professional medical and/or related services; the NSAA shall not be liable for payment of such services. We give permission to any and all of the Student's health care providers and the NSAA and its employees, staff, agents, and consultants to release and discuss all records and information about the Student including otherwise confidential medical information and records. We understand that this release has been requested and may be used for the purpose of determining eligibility pertaining to activities participation, fitness, injury, injury status, or emergency.

I acknowledge that I have read paragraphs (1) through (6) above, understand and agree to the terms thereof, including the warning of potential risk of injury inherent in participation in athletics and activities.

Name of Student [Print Name]	Student Signature	Date

(I am)(We are) the Student's [circle appropriate choice] (Parent) (Guardian). (I)(We) acknowledge that (I)(We) have read paragraphs (1) through (6) above, understand and agree to the terms thereof, including the warning of potential risk of injury inherent in participation in athletics and activities. Having read the warning in paragraph (2) above and understanding the potential risk of injury to my Student, (I)(we) hereby give (my)(our) permission for ______ [insert Student name] to practice and compete for the above named high school in activities approved by the NSAA, except those crossed out below:

Baseball	Basketball	Bowling	Cross Country	Debate	Football	Golf
Journalism	Music	Play Production	Soccer	Softball	Speech	Swim/Dive
Tennis	Track & Field	Unified Bowling	Unified Track & Field	Volleyball	Wrestling	

Parent(s)/Guardian Printed Name(s)*	Parent/Guardian Signature	Date of Signature

Meridian Public School, District 48-0303

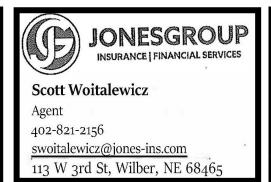
July, 2022



Daykin Lumber Co.

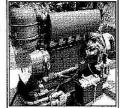
DAYKIN, NE 68338
READY MIXED CONCRETE · BUILDING MATERIALS
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PH. 402-446-7305 800-637-9711 daykinlumber@windstream.net





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