

**Nebraska Orthopaedic & Sports Medicine** will be starting our regular outreach visitations during the ***week of August 19<sup>th</sup>***. For the 2019-2020 Calendar School Year, my scheduled visitations to **Meridian High School** will be performed on ***Mondays & Wednesdays***. If athletic injuries arise, please feel free to contact me at any time on my Cell Phone (402)540-4332 or Email (jbrueggemann@nebraskaortho.com).

I would also like to remind you, your coaches, & parents that our Saturday Morning Sports Medicine Clinics begin Sat. August 24<sup>th</sup> and continue through to Oct. 26<sup>th</sup> here at our facility in Lincoln.

## **Saturday Morning Sports Medicine Clinics**

**Fall Sports Season Only  
August 24<sup>th</sup> - October 26<sup>th</sup>, 2019  
7:30 AM - 10:00 AM**

1. **No Appointment Necessary.**
2. **A Parent or Guardian are to accompany the athlete.**
3. **Please have medical insurance information available as usual physician's fees will apply.**
4. **We are located on 2<sup>nd</sup> floor of St. Elizabeth Medical Plaza, 575 So. 70<sup>th</sup> St., Suite 200; there is RESERVED PARKING on 2<sup>nd</sup> level of the adjacent parking facility which opens directly into our main office lobby.**
5. **Refer to our website [www.nebraskaortho.com](http://www.nebraskaortho.com) for Maps, and related info.**

Thanks,

**Jayson Brueggemann, MS, ATC**

Nebraska Orthopaedic & Sports Medicine, PC

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