



## Hampton Junior High Track Meet

**Teams:** Hampton, Dorchester, Meridian, Giltner, Exeter/Milligan, Friend, York St. Joe, McCool

**Date:** April 8, 2019      **Time:** 9:30 (Coaches Mtg starts at 9:00)

**Location:** McCool

**Field Events are Finals Only**

----- 4 jumps/4 throws -----

### First Session - 9:30

### Second Session

<u>Event</u>	<u>School</u>
Boys Shot Put	Dorchester
Boys Long Jump	Meridian
Girls Discus	Giltner
Girls Triple Jump	Friend
Girls High Jump	Exeter/Milligan
Boys Pole Vault	McCool

<u>Event</u>	<u>School</u>
Girls Shot Put	Dorchester
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Boys Triple Jump	Friend
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**\*\*\*We will have Hampton Varsity Athletes assisting at each field event\*\*\***

### **Running Events - Will start AFTER field events are completed**

1200 M Run                      Girls followed by Boys  
 100M Hurdles                  Girls followed by Boys  
 100M Dash                      Girls followed by Boys  
 400M Relay                      Girls followed by Boys  
 400M Dash                      Girls followed by Boys

***Break if need be***

200M Hurdles                  Girls followed by Boys  
 800M Run                      Girls followed by Boys  
 200M Dash                      Girls followed by Boys  
 1600M Relay                    Girls followed by Boys

#### **Pickers and Timers**

1st - Dorchester	2nd - Meridian
3rd - Hampton	4th - Exeter/Milligan
5th - Friend	6th - McCool
Fill as needed.....	

Curve Judges - Hampton  
 Starter - Gary Woolman  
 Appeals - Scott Klute and Kacey Dose  
 Meet Director/Referee - Scott Klute

#### **Hurdle Race Information**

<u>Race</u>	<u># of Hurdles</u>	<u>Height</u>	<u>1st</u>	<u>Between</u>	<u>To Finish</u>
G 100	10	30"	13M	8.5M	10.5M
B 100	10	33"	13M	8.5M	10.5M
G&B 200	5	30"	50M	35M	10M