#### 2019 DEL WICKS INVITATIONAL TRACK MEET

#### Thursday, April 11, 2019

**9:00 -9:30 A.M.** Scratch and Adds in the concession stand. We will re-flight all track events after coaches meeting.

**9:30 A.M.** Coaches meeting in the Press box on the North Side of the track. There will be one meeting for the boys and girls. Please be on time so we can get started promptly.

Field Event Schedule

9:45 A.M. Girls Pole Vault followed by boys

### **10:00 A.M.** Girls Shot Put followed by boys

Boys Discus followed by girls Boys High Jump followed by the girls Boys long Jump followed by the girls Girls Triple Jump followed by boys

### **Running Event Schedule**

## **1:00 P.M.** Prelims- Girls will precede the boys

3200 Meter Relay	Finals	
100 Meter High Hurdles	(Girls)	Prelims
110 Meter High Hurdles	(Boys)	Prelims
100 Meter Dash	Prelims	
400 Meter Dash	Finals	
3200 Meter Run	Finals	
200 Meter Dash	Prelims	

# Finals - or 15 minutes after Prelims are completed

100 Meter High Hu	ırdles (Girls)	Finals
110 Meter High Hu	ırdles (Boys)	Finals
100 Meter Dash	Finals	
800 Meter Run	Finals	
300 Meter Low Hu	rdles (Girls)	Finals
300 Meter Inter. H	urdles (Boys)	Finals
200 Meter Dash	Finals	
1600 Meter Run	Finals	
400 Meter Relay	Finals	
1600 Meter Relay	Finals	