

CRC HIGH SCHOOL TRACK MEET



High School Track Records

PAST CHAMPIONS -- GIRLS TRACK & FIELD -- CROSSROADS CONFERENCE

(before 1971 - unavailable)

| <u>YEAR</u> | <u>CHAMPION</u> | <u>SECOND</u> | <u>THIRD</u> |
|-------------|-----------------------|-----------------------------|-------------------------------|
| 1971 | 55.0 Shelby | 35.0 Hordville | 28.5 Benedict |
| 1972 | 62.0 Shelby | 31.0 Hampton | 29.5 Hordville |
| 1973 | 136.0 Shelby | 76.0 Hordville | 40.0 Bradshaw |
| 1974 | 105.0 Shelby | 58.0 Gresham | 42.0 Hordville |
| 1975 | 80.33 Shelby | 62.0 Hordville | 52.0 Monroe |
| 1976 | 73.0 Hordville | 62.0 Gresham | 59.0 Hampton |
| 1977 | 102.0 Hordville | 72.0 Gresham | 67.0 Shelby |
| 1978 | 83.0 Shelby | 81.0 Hordville | 63.0 Bradshaw |
| 1979 | 82.0 Hordville | 76.0 Shelby | 56.0 Rising City |
| 1980 | 85.0 Hordville | 66.0 Rising City | 60.0 Bradshaw |
| 1981 | 86.0 Rising City | 79.0 Giltner | 52.0 (TIE) Hampton & Bradshaw |
| 1982 | 86.0 Giltner | 70.0 Shelby | 69.0 Hampton |
| 1983 | 105.0 Giltner | 67.5 Fairmont | 65.5 Rising City |
| 1984 | 116.0 Giltner | 74.0 Polk | 63.0 Bradshaw |
| 1985 | 94.0 Giltner | 89.0 Polk | 63.5 Marquette |
| 1986 | 86.5 Polk | 79.0 Exeter | 73.0 McCool Jct |
| 1987 | 93.0 Exeter | 82.0 Giltner | 79.0 Marquette |
| 1988 | 108.5 Exeter | 98.0 Polk-Hordville | 64.0 McCool Jct |
| 1989 | 116.0 Polk-Hordville | 84.0 Hampton | 66.0 Exeter |
| 1990 | 99.0 Hampton | 79.0 McCool Jct | 71.0 Polk-Hordville |
| 1991 | 122.0 Polk-Hordville | 89.0 Hampton | 83.0 Benedict |
| 1992 | 162.0 Polk-Hordville | 90.0 Hampton | 53.0 Benedict |
| 1993 | 130.0 Polk-Hordville | 76.0 McCool Jct | 73.0 Hampton |
| 1994 | 113.0 Hampton | 95.0 Polk-Hordville | 68.0 Giltner |
| 1995 | 142.0 Polk-Hordville | 108.0 McCool Jct | 76.0 Friend |
| 1996 | 109.5 Polk-Hordville | 101.0 McCool Jct | 73.5 Exeter |
| 1997 | 134.0 Polk-Hordville | 97.0 McCool Jct | 89.0 Exeter |
| 1998 | 134.0 Polk-Hordville | 118.0 McCool Jct | 89.0 Exeter |
| 1999 | 101.0 McCool Jct | 99.0 Exeter | 77.0 Hampton |
| 2000 | 130.5 McCool Jct | 120.5 Exeter/Milligan | 85.0 Hampton |
| 2001 | 107.0 High Plains | 77.5 McCool Jct | 73.0 Exeter/Milligan |
| 2002 | 95.0 High Plains | 89.0 McCool Jct | 74.0 Clay Center |
| 2003 | 100.0 Hampton | 93.0 Exeter/Milligan | 77.5 High Plains |
| 2004 | 153.0 Exeter/Milligan | 86.0 High Plains | 85.0 McCool Jct |
| 2005 | 173.0 Exeter/Milligan | 96.0 McCool Jct | 68.0 Hampton |
| 2006 | 158.0 Exeter/Milligan | 77.0 McCool Jct | 71.0 Meridian |
| 2007 | 104.0 McCool Jct | 97.0 Exeter-Milligan | 77.0 Giltner |
| 2008 | 104.1 Meridian | 84 Giltner | 81.25 Exeter-Milligan |
| 2009 | 117 Clay Center | 75 (Tie) Giltner & Meridian | |
| 2010 | 107 B-D-S | 81 Exeter-Milligan | 53 Meridian |
| 2011 | 86 B-D-S | 75 Giltner | 65 Exeter-Milligan |
| 2012 | 87 B-D-S | 84 Giltner | 66 Exeter-Milligan |
| 2013 | 122 B-D-S | 106 Giltner | 92 Exeter-Milligan |
| 2014 | 122 B-D-S | 82 Cross County | 77 Giltner |
| 2015 | 113 Giltner | 81 Exeter-Milligan | 76 Hampton |

PAST CHAMPIONS -- BOYS TRACK & FIELD -- CROSSROADS CONFERENCE

| <u>YEAR</u> | <u>CHAMPION</u> | <u>SECOND</u> | <u>THIRD</u> |
|-------------|-------------------------------|--------------------------------|---------------------------------|
| 1951 | 104 McCool Jct. | 48.75 Henderson | 35.25 Benedict |
| 1952 | 61.42 McCool Jct. | 55.92 Bradshaw | 49.75 Henderson |
| 1953 | 62.5 Henderson | 44 Hampton | 34 Bradshaw |
| 1954 | 52 McCool Jct. | 45 Hampton | 34.5 Gresham |
| 1955 | 67 Henderson | 44.75 Benedict | 41.83 Hampton |
| 1956 | 58 Henderson | 44.22 Hampton | 35.11 York St. Joe |
| 1957 | 45 York St. Joe | 37 Henderson | 29.75 McCool Jct. |
| 1958 | 49 McCool Jct. | 36 Utica | 32.5 Gresham |
| 1959 | 47.86 York St. Joe | 38.71 Utica | 28.5 Hampton |
| 1960 | 80.5 York St. Joe | 52 Benedict | 18 Bradshaw |
| 1961 | 59.83 York St. Joe | 31.17 Utica | 31 Benedict |
| 1962 | 53 Bradshaw | 47.5 Gresham | 39.75 Waco |
| 1963 | 39.5 Hordville | 39 Bradshaw | 35 Gresham |
| 1964 | 49.5 Hampton | 48 Waco | 41.33 Bradshaw |
| 1965 | 55 Bradshaw | 48 York St. Joe | 37 Waco |
| 1966 | 55.75 Waco | 38.25 Gresham | 35.75 Hampton |
| 1967 | 70.83 Shelby | 59 Hampton | 48 Bradshaw |
| 1968 | 50 Bradshaw | 49 Rising City | 42.5 Gresham |
| 1969 | 48 (TIE) Bradshaw and Hampton | | 37 Gresham |
| 1970 | 80.5 Bradshaw | 60 Benedict | 50 Gresham |
| 1971 | 78 Benedict | 68 Shelby | 59 Marquette |
| 1972 | 77.5 Marquette | 53.5 Benedict | 43.5 Gresham |
| 1973 | 106 Hampton | 71 Marquette | 61 Shelby |
| 1974 | 83.5 Benedict | 76 Monroe | 67.5 Bradshaw |
| 1975 | 101 Gresham | 89 Hampton | 82 Shelby |
| 1976 | 113 Hampton | 74 Marquette | 65 Rising City |
| 1977 | 100 Shelby | 80 Hordville | 61 Bradshaw |
| 1978 | 130 Hordville | 77 (TIE) Shelby & Hampton | |
| 1979 | 90 Bradshaw | 76 McCool Jct. | 74 Hampton |
| 1980 | 94 Bradshaw | 74 Hordville | 69.5 Monroe |
| 1981 | 108 Shelby | 77 Rising City | 72 Hordville |
| 1982 | 124.5 Shelby | 65 Bradshaw | 61.75 Hordville |
| 1983 | 105 Giltner | 96 Marquette | 64 Gresham |
| 1984 | 108 Exeter | 93 Marquette | 78 Fairmont |
| 1985 | 110 Exeter | 74 Giltner | 71 McCool Jct. |
| 1986 | 91 McCool Jct. | 82.33 Exeter | 72.33 Hampton |
| 1987 | 113 Polk | 72 Exeter | 66 (TIE) Fairmont & McCool Jct. |
| 1988 | 98 Polk-Hordville | 91 Exeter | 67 Giltner |
| 1989 | 93.5 Polk-Hordville | 90 Fairmont | 84 Exeter |
| 1990 | 93 Fairmont | 79 Polk-Hordville | 78 Giltner |
| 1991 | 128 McCool Jct. | 100 Polk-Hordville | 95 Giltner |
| 1992 | 118 Polk-Hordville | 97 McCool Jct. | 76 Giltner |
| 1993 | 123 Exeter | 108 McCool Jct. | 91 Polk-Hordville |
| 1994 | 134 Exeter | 92 Polk-Hordville | 76 McCool Jct. |
| 1995 | 99 Hampton | 91 Exeter | 76 McCool Jct. |
| 1996 | 106 Fairmont | 99 Friend | 73 Exeter |
| 1997 | 88 McCool Jct. | 74 Hampton | 70 Fairmont |
| 1998 | 110.5 Fairmont | 98 Hampton | 79 Exeter |
| 1999 | 100 Fairmont | 79 Exeter | 77 Hampton |
| 2000 | 104 McCool Jct. | 97 Exeter/Milligan | 83 Hampton |
| 2001 | 111 High Plains | 59 Friend/Dorchester | 56 McCool Jct. |
| 2002 | 106 High Plains | 83 Exeter/Milligan | 79 McCool Jct. |
| 2003 | 116.5 McCool Jct. | 101 Clay Center | 76 High Plains |
| 2004 | 148 McCool Jct. | 90 High Plains | 79 Hampton |
| 2005 | 146 McCool Jct. | 141 High Plains | 78 Clay Center |
| 2006 | 123 McCool Jct. | 103 High Plains | 102 Clay Center |
| 2007 | 151 McCool Jct. | 109 Hampton | 97 High Plains |
| 2008 | 111 McCool Jct. | 110 High Plains | 99 Hampton |
| 2009 | 133 McCool Jct. | 98 Hampton | 80 Giltner |
| 2010 | 83 Giltner | 77 (Tie) McCool Jct. & Hampton | |
| 2011 | 107 McCool Jct. | 86 Giltner | 67 Hampton |
| 2012 | 164 Giltner | 77 McCool Jct. | 75 Cross County |
| 2013 | 131 McCool Jct | 100 Giltner | 59 Osceola |
| 2014 | 95.33 McCool Jct. | 94 Osceola | 84 Giltner |
| 2015 | 88.00 McCool Jct. | 83 High Plains | 80 Giltner |

Crossroads Conference High School Track & Field Records

(BOYS listed 1st in each event, GIRLS 2nd)

| | | | | |
|-------------------------|----------|--|-----------------|------|
| HIGH JUMP | 6'6.25" | Brock Wettstead | Fairmont | 1999 |
| | 5'7" | Steph Thomas | McCool Jct | 1987 |
| POLE VAULT | 13'6" | Chance Chrisman | McCool Jct | 2015 |
| | 11'6" | Catherine Mick | BDS | 2015 |
| LONG JUMP | 22'5.5" | Dale VanHousen | Polk-Hordville | 1989 |
| | 17'4" | Shelby Garland | BDS | 2010 |
| TRIPLE JUMP | 45'3.5" | Dale VanHousen | Polk-Hordville | 1989 |
| | 36'4.25" | Shelby Garland | BDS | 2010 |
| SHOT | 54'1" | Drew Ott | Giltner | 2011 |
| | 40'9" | Karmen Lawver | Dorchester | 2009 |
| DISCUS | 148'9" | Josh Klute | Hampton | 1997 |
| | 133'8" | Mary Ekeler | Exeter/Milligan | 2000 |
| 100 METER DASH | 10.8 | Trevor Carlson | Osceola | 2015 |
| | 12.2 | Jody Shoup | Hordville | 1977 |
| 200 METER DASH | 22.4 | Lynn Menke | Marquette | 1985 |
| | | Aaron Giannou | Cross County | 2015 |
| | 26.3 | Mindi Sealey | Polk-Hordville | 1992 |
| 400 METER DASH | 49.4 | Lynn Menke | Marquette | 1985 |
| | 59.6 | Jodi Widga | Polk | 1985 |
| 800 METER RUN | 1:57.7 | Lee Richardson | Benedict | 1971 |
| | 2:21.5 | Mindi Sealey | Polk-Hordville | 1994 |
| 1600 METER RUN | 4:38.7 | Tim Hoffman | Exeter | 1984 |
| | 5:26.6 | Kayte Tranel | Hampton | 2001 |
| 3200 METER RUN | 9:44.1 | Tim Hoffman | Exeter | 1984 |
| | 11:42.8 | Kayte Tranel | Hampton | 2001 |
| 110 METER HH | 14.7 | Jimmy Smith | Giltner | 1991 |
| 100 METER HH | 15.0 | Catherine Mick | BDS | 2015 |
| 300 METER IH | 40.7 | Levi Lindburg | High Plains | 2005 |
| 300 METER LH | 47.0 | Jared Hastings | Giltner | 2015 |
| | | TaLisa Krejci | Exeter/Milligan | 2006 |
| 400 METER RELAY | 45.1 | Giltner | | 2013 |
| | 51.7 | Kyle Hawthorne, Ben Hinrichs, Ryan Kleier, Christian Leichty BDS Christy Swartzendruber, Jennifer Mick, Jill Schroeder, Catherine Mick | | 2014 |
| 1600 METER RELAY | 3:32.6 | Cross County | | 2015 |
| | 4:18.1 | Tanner Lamoree, Christian Berck, Travis Eller, Aaron Giannou Giltner Randi Janzen, Gussie Rhoades, Dani Most, Abbey Preissler | | 2012 |
| 3200 METER RELAY | 8:29.1 | Exeter | | 1984 |
| | 10:19.9 | Darrel Krejci, Brad Heffelfinger, Ted Hoffman, Tim Hoffman Clay Center Amy Parnell, Molly Miller, Jordan Schmoltd, Shawna Anderson | | 2001 |

Gale Arnett Trophy

One of the most coveted individual honors awarded in the Crossroads Conference each year is the Gale Arnett Trophy, which goes to the top boy and girl athletes in the conference track meet.

Called by his coach “a natural ball player and natural athlete,” Gale Arnett was the pitching star of the Aurora Junior Legion Baseball team when he became ill in the summer of 1951. For awhile, it was thought to be a baseball injury, but it wasn’t. After a valiant battle over the next few years - fighting back enough to be able to graduate from Hampton High School in 1954 - Arnett died March 24, 1956, of bone cancer. He was only 20 years old.

At the urging of his Legion coach, Floyd Bagby, Gale’s parents Orville and Irene Arnett, established the Gale Arnett Trophy in his honor. It is the most prestigious individual honor given in the Crossroads Conference and is awarded to the most outstanding boy and girl in the annual track meet. The first winner in 1956 was Doug Bereuter of Utica High School, then a member of the conference. He went on to become a U.S. Congressman from Nebraska. The first recipient of the girls trophy was Steph Thomas of McCool Junction in 1986.

The coaches nominate boys and girls and then vote as to who will have possession of the traveling trophies for the following year.

Gale Arnett was born at Phillips and attended school at Phillips until his family moved to a farm north of Hampton. He graduated from Hampton High and was employed in Minnesota for a short time before he became too ill to work. Besides being a baseball player, Gale played basketball his freshman and sophomore years at Hampton High and ran track.

Bagby, his baseball coach, said in an article written about Gale in 1955, “He was one of the best pitchers in Junior American Legion circles during the years of 1949 and 1950. He seemed to have a sixth sense when it came to playing baseball. He loved the game and gave it his all.” Among his accomplishments were for no-hit, no-run games.

***NOTE: It seems fitting and proper to ask each CRC Girl/Boy High School Track Coach to read to their respective squads the enclosed Biography of Gale Arnett and how the Gale Arnett Trophy became a part of the CRC Track Meet each year. Please read the “Bio” sometime just before the CRC Meet occurs. In this way, the student-athletes in our conference will come to know who Gale Arnett was and why there is a trophy given out each year in his memory, and it just might provide some extra incentive for some.**

Gale Arnett Award Winners

The Gale Arnett trophies are traveling trophies presented to the outstanding boy and girl track participant in the Crossroads Conference Track and Field Meet. The coaches nominate boys and girls and then vote as to whom will have possession of the trophies for the following year. A conference school may nominate more than one athlete for the award. (CRC Handbook, page 3).

| <u>Year</u> | <u>Boys (1956 Established)</u> | <u>Girls (1986 Established)</u> |
|-------------|--------------------------------|---------------------------------|
| 1956 | Doug Bereuter, Utica | |
| 1957 | Joe White, McCool Jct. | |
| 1958 | Bob Lord, McCool Jct. | |
| 1959 | Ardean Peter, Hampton | |
| 1960 | Miles Otoupal, York St. Joe | |
| 1961 | Dennis Carlson, Bradshaw | |
| 1962 | Dennis Carlson, Bradshaw | |
| 1963 | Bob Goodridge, Bradshaw | |
| 1964 | Wayne Dinkleman, Waco | |
| 1965 | Jim Watt, Bradshaw | |
| 1966 | Jim Watt, Bradshaw | |
| 1967 | Mike Voss, Shelby | |

| | | |
|------|------------------------------------|-------------------------------------|
| 1968 | Mike Struebing, Rising City | |
| 1969 | Mike Struebing, Rising City | |
| 1970 | John Appuhn, Bradshaw | |
| 1971 | Lee Richardson, Benedict | |
| 1972 | Jeff Jacobsen, Marquette | |
| 1973 | Brian Hopwood, Shelby | |
| 1974 | Brian Hopwood, Shelby | |
| 1975 | Kevin Gonnerman, Gresham | |
| 1976 | Brad Regier, Hampton | |
| 1977 | Terry Richter, Gresham | |
| 1978 | Bill Bankson, Hordville | |
| 1979 | (Tie) Dan Hall, McCool Jct. | |
| | (Tie) Allen Troester, Hampton | |
| 1980 | Steve Driewer, Bradshaw | |
| 1981 | Chris Woodard, McCool Jct. | |
| 1982 | Gilbert Hall, McCool Jct. | |
| 1983 | Todd Epke, Gresham | |
| 1984 | Tim Hoffman, Exeter | |
| 1985 | Lynn Menke, Marquette | |
| 1986 | Kendall Verhage, Fairmont | Steph Thomas, McCool Jct. |
| 1987 | Paul Van Housen, Polk | Steph Thomas, McCool Jct. |
| 1988 | Eric Schepers, Fairmont | Sylvia Veit, Polk |
| 1989 | Eric Schepers, Fairmont | Marl Haphold, Giltner |
| 1990 | Stuart Bridges, Fairmont | Sharon Stansberry, Hampton |
| 1991 | Jimmy Smith, Giltner | Leah Quiring, Hampton |
| 1992 | Nate Nauman, Giltner | Mindi Sealey, Polk |
| 1993 | Nate Nauman, Giltner | Mindi Sealey, Polk |
| 1994 | Justin Ogren, Exeter | Mindi Sealey, Polk |
| 1995 | Trevor Hoegh, Hampton | Mindi Sealey, Polk |
| 1996 | (Tie) Cameron Hudson, Polk | (Tie) Molly Reynolds, McCool Jct. |
| | (Tie) Jay Theis, Friend | (Tie) Natalie Nauman, Giltner |
| 1997 | Ben Garrett, Polk-Hordville | Jenna Sealey, Polk |
| 1998 | Ryan Sanley, Rising City | Niki Glasser, Polk |
| 1999 | Brock Wettstead, Fairmont | Nicky White, McCool Jct. |
| 2000 | Tyson Glasser, Polk-Hordville | Nicky White, McCool Jct. |
| 2001 | Tyson Glasser, High Plains | Kayte Tranel, Hampton |
| 2002 | (Tie) Preston Parsons, High Plains | Sarah Wolfe, High Plains |
| | (Tie) Simon Thiel, Clay Center | |
| 2003 | Ben Underwood, McCool Jct. | Jordan Schmoltdt, Clay Center |
| 2004 | (Tie) Ben Underwood, McCool Jct. | (Tie) Jordan Schmoltdt, Clay Center |
| | (Tie) Trenton Volkmer, McCool Jct. | (Tie) Aftan Smith, McCool Jct. |
| | | (Tie) J.J. Hall, Exeter/Milligan |
| 2005 | Ben Cooney, Clay Center | Aftan Smith, McCool Jct |
| 2006 | Ben Cooney, Clay Center | TaLisa Krejci, Exeter-Milligan |
| 2007 | Kendall Clark, McCool Jct. | (Tie) Allee Kuska, Exeter-Milligan |
| | | (Tie) Jenny Lockmon, Giltner |
| 2008 | Dwayne Wall, Hampton | Kayti Mark - Exeter-Milligan |
| 2009 | Chase Chrisman, McCool Jct | Karmen Lawver, Dorchester |
| 2010 | Kyle Smith, McCool Jct. | Shelby Garland, B-D-S |
| 2011 | D.J. Bamesberger, Hampton | Cynthia Mick, B-D-S |
| 2012 | Parker Anderson, Cross County | Brooklyn Swantek, McCool Jct. |
| 2013 | Alex Preslicka, McCool Jct. | Brooklyn Swantek, McCool Jct. |
| 2014 | Colton Kuhnel, Osceola | Jennifer Mick, B-D-S |
| 2015 | | |