### November 2017

**MERIDIAN PUBLIC SCHOOL**

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
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**The first line of each day is the breakfast menu. The rest is lunch. Breakfast also includes fruit, juice & milk. Cereal is a substitute for any breakfast entree.**

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</table>
| Omelet / Toast  
Salisbury Steak  
Mashed Potatoes / Gravy  
Roll  
Carrots  | Poptart / Yogurt  
Soft Shell Taco  
Lettuce / Salsa  
Refried Beans  
Churro  | Breakfast Pizza  
Glazed Chicken Drumsticks  
Scalloped Potatoes  
Roll  
Corn  | Cinnamon Rolls  
Pulled Pork Sandwich  
Hash Brown  
Green Beans  | Biscuits & Gravy  
Cavatini  
French Bread  
Peas  | Menu subject to change without notice.  |

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</table>
| Ham, Egg Bar / Toast  
Chicken Teriyaki  
Brown Rice  
Bread  
Peas  | Breakfast Sandwich  
Crispitos / Cheese  
Spanish Rice  
Green Beans  | Apple Frudel  
Chili Soup  
Crackers  
String Cheese  
Cinnamon Roll  | Glazed Donut  
Chicken Strips  
Baked Beans  
Roll  
Carrots  | Breaded Cheese Sticks  
Turkey Slice  
Mashed Potatoes / Gravy  
Corn  
Roll  
Pumpkin Dessert  |

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</table>
| Fresh Fruit & Vegetable Bar  
Choice of 1% white or skim Choc. is offered each day. PK gets 1% white only.  | Bagel w / cr. ch. & pb  
Mini Corn Dogs  
Baked Beans  
Broccoli & Cheese  
Brownie  | Cinn. Breakfast Cookie  
Bunza  
Chips  
Green Beans  | Biscuits & Gravy  
Chicken Fried Steak  
Mashed Potatoes / Gravy  
Roll  
Corn  | NO SCHOOL  | NO SCHOOL  |      |

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</table>
| Pancakes & Sausage  
Breaded Chicken Sandwich  
French Fries  
Peas  | Funnel Cake / Fruit  
Burrito  
Lettuce / Salsa  
Carrots  
Pudding  | Scrambled Eggs / Toast  
Chicken Fajitas  
Spanish Rice  
Corn  | Breakfast Burrito  
Hot Dogs  
Baked Beans  
Frozen Fruit Cup  |      |      |      |