



All parents wonder if they're getting it right.

You're not alone. Sometimes it's hard to tell what your child needs, what her behaviors mean and if you're doing right by him. Imagine what it might feel like if you could make sense of what your child is really asking from you.

Circle of Security™ Parenting is an opportunity to join other parents just like you, for an 8-week class where you'll learn to:

- Strengthen your relationship with your child
- Be present with your child during the best and toughest of times
- Recognize your child's needs and make sense of his or her behavior
- Meet your child's needs by being bigger, stronger, wiser and kind

Who should attend: Parents, Gaurdians, Grandparents, or Foster Parents

Location: Bruning-Davenport Schools 340 Carroll Street Bruning, NE 68322

Dates: Wednesdays, February 13th-April 3rd **Times:** 6:30-8:00

Cost: No Fee *** Class size is limited so register early! ***

How to register: Call or email: 402-768-6727 or rdegenhardt@bvca.net or visit www.necosp.org

Presented by: Rachel Degenhardt

Sponsored by: Thayer County Coalition/ Rooted in Relationships/BVCA