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Nebraska Orthopaedic & Sports Medicine will be starting our regular outreach visitations the ***week of August 13<sup>th</sup>***. I am scheduled to visit **Meridian High School** on ***Monday's & Wednesday's*** during the 2018-2019 Calendar School Year. If you have any questions regarding athletic injuries, please feel free to contact me @ (402)540-4332 as needed.

I would also like to remind you, your coaches, & parents that our Saturday Morning Sports Medicine Clinics begin Saturday August 18<sup>th</sup> and continue through October 20<sup>th</sup> here at our facility in Lincoln.

## **Saturday Morning Sports Medicine Clinics**

**Fall Sports Season Only  
August 18<sup>th</sup> - October 20<sup>th</sup>, 2018  
7:30 AM - 10:00 AM**

1. **No Appointment Necessary.**
2. **A Parent or Guardian are to accompany the athlete.**
3. **Please have medical insurance information available as usual physician's fees will apply.**
4. **We are located on 2<sup>nd</sup> floor of St. Elizabeth Medical Plaza, 575 So. 70<sup>th</sup> St., Suite 200; there is RESERVED PARKING on 2<sup>nd</sup> level of the adjacent parking facility which opens directly into our main office lobby.**
5. **Refer to our website [www.nebraskaortho.com](http://www.nebraskaortho.com) for Maps, and related info.**

**Jayson Brueggemann, MS, ATC**

Nebraska Orthopaedic & Sports Medicine, PC

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