

Sutton Jr. High Track Invite
Monday, May 2nd, 2016@ 12:30
We will be using an Automotive Timing system FAT

TEAMS COMPETING: Deshler, Heartland, McCool Junction, Sandy Creek,
Fillmore Central, Harvard, Dorchester, Friend, Meridian,
BDS, Hampton, Hastings STC, Sutton

AWARDS: Medals to 1st place in each event, ribbons to places 2-6. Trophies to 1st
place teams. **SCORING:** 10-8-6-4-2-1

SCHEDULE OF EVENTS

11:45am SCRATCH MEETING IN THE HS GYM

12:30 FIELD EVENTS - 3 ATTEMPTS, NO FINALS
(3 MISSES IN THE VAULT AND HIGH JUMP)

ORDER OF FIELD EVENTS :

Boys Shot followed by Girls
Girls Discus followed by Boys
Girls Vault followed by Boys
Boys Triple Jump followed by Boys Long Jump(east pit)
Girls Long Jump followed by Girls Triple Jump (west pit)
Boys High Jump followed by Girls

(Sutton HS Athletes will run all field events)

******* ALL RUNNING EVENTS WILL BE HEATS AGAINST TIME *******
(All running events girls followed by boys)

2:15 3200 M RELAY
100 HURDLES
110 HURDLES
100 M DASH
1600 M RUN
400 M RELAY
400 M RUN
300 M HURDLES
800 M RUN
200 M RUN
1600 M RELAY