Mission Statement:

Meridian Public Schools will educate all students in a safe, nurturing environment while challenging them to develop their integrity, knowledge, and unique talents to become responsible, productive citizens.

www.meridianmustangs.org

May, 2016

Meridian Public Schools will equipment Newsletter Newsletter-May, 2016 ---intendent

It is that time of year where we are concluding the spring NeSA testing, district music contests and spring concerts are wrapping up, and district and state track meets are only a few weeks away. Most importantly is the preparation for Graduation. This year we have 17 seniors, including two foreign exchange students, who are listed to graduate on May 14th, at Meridian Public Schools with a 2:00pm start. Please remind your children to stay aware of their grades and assignments with all the activities going on. What a great year we have had and we look forward as we are beginning to prepare for the 2016-2017 school year.

> **Board of Education** Meridian Public Schools **District 48-0303** Daykin, Nebraska 68338 **Monday, April 18, 2016**

Regular April 18, 2016 Meeting 7:00 P.M.

Meridian Public School Board of Education met on April 18, 2016, as per notice in the Fairbury Journal-News.

President VanWesten called the meeting to order at 7:00 p.m. The open meeting law information was presented. Members present were Sobotka, Bartels, Miller, Scheer, Vorderstrasse, and VanWesten. Also present were Superintendent Kort, Mrs. Hergott, Mrs. Meyer, Bridgette Jackson, David Endorf, and Jim Duval.





Vorderstrasse moved and Miller seconded to approve consent agenda as follows:

- Minutes of the March 21, 2016 Regular Meeting
- District Financial Report
- 3. Activity Fund Report
- 4. Hot Lunch Report
- 5. Bills

Vote taken: Vorderstrasse-aye, Millerave, Bartels-ave, Scheer-ave, Sobotkaaye, and VanWesten-aye. Motion carried 6-0.

Comments from David Endorf were heard.

Bridgett Jackson stated that the Senior Class has planned a Senior Class Trip to Kansas City on May 12, 2016. Money remaining after the class trip will be utilized to purchase additional flowers for parents at graduation.

Miller moved and Bartels seconded to approve the recommendation of the Superintendent to hire Patience Buck as the PreK-12 music teacher for the 2016-2017 school year. Vote taken: Vorderstrasse-aye, Miller-aye, Sobotka -aye, Bartels-aye, Scheer-aye, and VanWesten-ave. Motion carried 6-0.

Bartels moved and Miller seconded to approve the recommendation of the Superintendent to hire Jason Trautmann as the Secondary English teacher for the 2016-2017 school year. Vote taken: Vorderstrasse-aye, Millerave, Sobotka-ave, Bartels-ave, Scheeraye, and VanWesten-aye. Motion carried 6-0.

Sobotka moved and Vorderstrasse seconded to increase non-certified employees pay by 4.0 percent for the 2016-2017 school year. Vote taken: Vorderstrasse-ave, Miller-ave, Bartelsaye, Scheer-aye, Sobotka-aye, and VanWesten-aye. Motion carried 6-0.

Superintendent Kort reviewed three proposals received for the construction of a handicap restroom and concession stand at the football field. The Buildings and Grounds Committee will review possible alternatives for the 2017-2018 school year.

The Board reviewed the handbook Policy 9000 Series. The 9000 Series includes by-laws of the Board. After consultation with NASB, the wording of Policy 9200 will be changed from "two" meetings to "one" and in Policy 9330 the word "govern" is to be changed to "guide". Review and updating of the handbook will continue throughout the year. Miller moved and Sobotka seconded to approve the recommended changes. Vote taken: Vorderstrasse-aye, Miller-aye, Sobotka-Bartels-aye, Scheer-aye, VanWesten-aye. Motion carried 6-0.

Superintendent Kort reviewed conference schools' Secondary Principal salaries for the 2016-2017 school year.

Superintendent Kort reviewed conference schools' Superintendent salaries for the 2016-2017 school year.

Profession Criteria Developer Jim Duval with Design Build Procure reviewed the process and timeline for the evaluation and selection of a Design-Build Team for a possible second gym. A Public meeting was set for May 2nd, at 7:00 p.m. at the School.

Timeline for selection of Design-Build Team was discussed and set as follows:

- March 29th: Meet School-Community **Building Committee**
- April 6th: Advertise for "Letters of Interest"
- May 2nd: 7:00 p.m. Public Meeting at School
- May 6th: Review "Letters of Interest"
- May 11th: Notice to Department of Education of Request for Proposals





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- May 16th: Meeting with pre-qualified design-Build Teams, tour project with Superintendent, staff, and Design Build Procure staff
- June 15th: 12:00 p.m. Receive Design-Build Proposals
- June 16th: Evaluation of Design-Build Proposals by School-Community Building Committee and DBP, recommendation to School Board
- June 20th: 6:00 p.m. School Board meeting to select Design-Build Team for negotiation

Principal Scott reported:

- 1. Twenty-four Meridian students attended Actions Day in Hastings: Students placing in the top five of testing sections were seniors: Jake VanWesten-1st in Algebra 1 and 4th in Music, Silvia Danieli-4th in Chemistry; junior: Baxter Beals-4th in Art; sophomores: Jack Neihouse-4th in Word Problems, and Erin Johnson-5th in Biology.
- 2. The following students were selected for Class D All-State: Erin Johnson, Jake VanWesten, Anna Most, and Sara Most.
- 3. Three junior high students were accepted into the 29th Annual Meridian JH Honor Band and Choir: Halle Pribyl, Mo'Nae Moody, and Maria Alonso-Sandoval.
- 4. CRC Honor Choir: Connor Paul, Jake VanWesten, Kris Stromer, Tabitha Jacobs, Brooke Massa, Seth Noel, Alyssa Albert, Erin Johnson, and Micah Noel.
- CRC Honor Band: Crystal Nunez, Jake VanWesten, Erin Johnson, Sara Most, and Anna Most.
- 6. FBLA State Leadership Conference... Honorable mentions: VanWesten in Business Communications, Erin Johnson in Intro to Business Communications, and Allison Klipp in Word Processing. Other winners included: Business Plan-2nd-McKehna Bartels, Bridgette Jackson, Jake VanWesten: DataBase-5th-Shelby Homolka; E-Business-6th-Erin Johnson, Breanna Miller, Riley Pieper; and Network Design-8th-Baxter Beals, Isaiah Ellis, and Crystal Nunez. The business plan has qualified for Nationals in June in

- Atlanta, Georgia. Good job to all 24 members that went to SLC.
- 7. The high school quiz bowl team finished in 3rd place at the ESU5 contest.
- 8. Mrs. VanderSchaaf presented the elementary concert on April 7th. The JH/SH concert was held on April 12. All students did a wonderful job. District music contest will be held April 21-22 in Fairbury.
- 9. NeSA state testing is under way and is to be completed on April 22nd. MAPS tests will begin after all NeSA tests have been completed.
- 10.FBLA awards night will be held Tuesday, April 26th at 7:00pm.
- 11. Select 6th, 7th, and 8th grade students will participate in a math contest on Wednesday, May 4th.
- 12. Awards banquet is scheduled for Friday, May 6th. The meal will begin at 5:30pm with the awards starting at 6:30pm.
- 13. The coffeehouse concert, Mrs. VanderSchaaf's final concert, will be Monday, May 9th at 7:00pm.
- 14. District track is scheduled for Wednesday, May 11th. Elementary track meet will be held May 13th.
- 15. Graduation will be held on Saturday, May 14th, at 2:00pm in the Meridian Public School gymnasium.

Superintendent Kort reported:

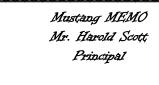
- 1. Reviewed Board Retreat
- 2. Reviewed the School Bus Replacement Schedule
- 3. CRC Wrestling and Individual Schools paying own registration
- 4. Summer Weight Room Supervision and Schedule
- 5. Track Runway Improvements
- 6. Legislative Updates
- 7. Discussed a Possible School Lunch Beef Program
- 8. Grant and timeline for Installation of a Generator to Replace the Backup Batteries
- 9. Awards Banquet Friday May 6th at 6:30
- 10. Summer Projects including carpet, painting, landscaping, kitchen updates and light for parking lot.

Next Regular Meeting set for Monday, May 16, 2016 – 7:00 p.m.

Vorderstrasse moved and Miller seconded to adjourn at 8:30 p.m. Vote taken: Vorderstrasse-aye, Miller-aye, Bartels-aye, Scheer-aye, Sobotka-aye, and VanWesten-aye. Motion carried 6-0.

J. Scott Sobotka,

Secretary Meridian District # 48-0303



Twenty-four Meridian students attended Actions Day in Hastings at the Central Community College Campus on Wednesday, March 16, 2016. The academic competition consisted of 28 high schools and over 1200 students. Students placing in the top five of testing sections were seniors: Jakub VanWesten -1st in Algebra 1 and 4th in Music, Silvia Danieli-4th in Chemistry; junior: Baxter Beals-4th in Art; sophomores: Jack Neihouse-4th in Word Problems, and Erin Johnson-5th in Biology.

Congratulations to the following students who were selected for:

Class D All-State

Symphonic Band: Erin Johnson-Trumpet, Jake VanWesten-Baritone, Anna Most-Clarinet

Wind Ensemble: Sara Most-Trombone

29th Annual Meridian JH Honor Band and Choir

Halle Pribyl-trombone Mo'Nae Moody-Alto Maria Alonso-Sandoval-Alto

CRC Honor Choir

Connor Paul, Jake VanWesten, Kris Stromer, Tabitha Jacobs, Brooke Massa, Seth Noel, Alyssa Albert, Erin Johnson, and Micah Noel

CRC Honor Band

Crystal Nunez, Jake VanWesten, Erin Johnson, Sara Most, and Anna Most

Congratulations to the FBLA members at the State Leadership Conference... Meridian was fortunate to have 13



Meridian Public School, District 48-0303 Page 3

winners at this year's conference. Honorable mentions were given on Friday night to Jake VanWesten in Business Communications, Erin Johnson in Intro to Business Communications, and Allison Klipp in Word Processing. the awards ceremony on During Saturday, other winners included: Bartels, Business Plan-McKehna Bridgette Jackson, and Jake VanWesten placed second; DataBase-Shelby Homolka earned 5th; E-Business-Erin Johnson, Breanna Miller, and Riley Pieper came in 6th; and Network Design-Baxter Beals, Isaiah Ellis, and Crystal Nunez earned 8th place. The business plan has qualified for Nationals in June in Atlanta, Georgia. Good job to all 24 members that went to SLC.

The high school quiz bowl team finished in 3rd place at the ESU5 contest. They missed going to state by just one question. Great job team!

VanderSchaaf presented the elementary concert on April 7th. The parking lot and gym were packed. The students did a great job. The JH/SH concert was held on April 12. A variety of large and small groups performed. All students did a wonderful job. District music contest was held April 21-22, in Fairbury.

NeSA state testing concluded on April 22nd. Any students that missed a test made it up the following week. MAPS tests will begin after all NeSA tests have been completed.

FBLA awards night was held Tuesday, April 26th @ 7:00pm. A good time was had by all.

Select 6th, 7th, and 8th grade students will participate in a math contest on Wednesday, May 4th.

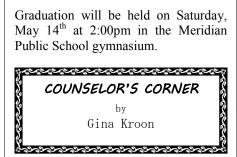
Awards banquet is scheduled for Friday, May 6th. The meal will begin at 5:30pm with the awards starting at 6:30pm.

The coffeehouse concert, Mrs. V's final concert, will be Monday, May 9th at 7:00pm. I encourage everyone to attend.



scheduled District track is Wednesday, May 11th. The elementary track meet will be held May 13th.

Graduation will be held on Saturday, May 14th at 2:00pm in the Meridian Public School gymnasium.



Where has the time gone?! I have enjoyed getting to know all of the students and watching them grow throughout the school year! I have also appreciated the warm welcome I have received from the Meridian family.

The seniors last day is tentatively scheduled for May 10th. A senior's last day is dependent upon assignments and attendance, so a senior may have make up time or work to do after May 10th. The Graduation Ceremony will be held Saturday, May 14th, at 2:00 p.m. It is important to help keep these students focused during their final days of high school and to finish strong!

Senior Information Sheet:

All seniors will be given an information sheet that must be filled out and returned to the Guidance Office by May 5th. This sheet includes a finalization of post-secondary plans and a listing of scholarships/awards won. If I don't know about them, I cannot share the news at the Academic Awards Night Graduation or Ceremony.

Seniors Who Took College Credit Courses

Seniors must request an official transcript from Peru State College, SCC, CCC, or NECC (depending on where the classes were taken)—this includes any dual credit courses taken during high school. Transcript request forms are available online at the college websites. This should be done prior to college registration.

THANK YOU NOTES!

Seniors, remember to send thank you notes to providers of any scholarships received.

2016-17 Schedules:

Current 8-11th graders will soon be finalizing their class schedule for next year. This schedule along with a current transcript will be sent home with each student at the end of the year. Parents, please take a moment to look over these papers with your child.

Juniors... your summer to-do list:

- Narrow your college choices. Visit some college campuses this summer and check out college websites. Narrow your choices to three or four colleges by the time school starts.
- Become familiar with the FAFSA (Free Application for Federal Student Aid). Beginning October 1, 2016, you and your parents can complete this form to apply for college financial aid. This is an earlier start date than previous years - and you will use 2015 tax information.
- Update (or begin working on) your resume. Include extracurricular activities, honors, awards, and parttime jobs.
- Look for scholarships. Check out the school counseling webpage and ScholarshipQuest at EducationQuest.org for Nebraska-based scholarships. Pay attention to scholarships current seniors have received.
- Find a summer job to help pay for college expenses. Ask prospective employers if they offer education assistance programs.
- If you are planning to take dual credit English, you are highly encouraged to take the ACT Test prior to the 2016-17 school year.

Summer Opportunities:

Mrs. Kroon has been collecting brochures for upcoming summer camps, jobs, and other opportunities! Visit with Mrs. Kroon if you are interested!

ACT:

Remember to register by May 6th, for the 11th, ACT. Go www.actstudent.org to register. Students who qualify for free/reduced lunch may request a fee waiver from Mrs. Kroon.

UNL, UNK, & UNO no longer accept ACT scores from the high school. If you are interested in UNL, UNK, or UNO,

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please be sure to have your ACT scores sent directly to them from ACT. This can be done when you register for the exam or later with an additional fee.

Awards Banquet:

The Academic and Athletic Awards Banquet will be held on Friday, May 6th, 2015. Dinner, provided by Meridian Public Schools, will begin at 5:30 p.m. A video highlighting our year will play as we are dining. The award ceremony will begin at 6:30 pm. There will not be an admittance fee; however, please let us know if you will be attending so we can plan accordingly. Thank you.

Questions? Contact Gina Kroon at <u>gkroon@meridianmustangs.org</u> or (402) 446-7265 ext.1253.

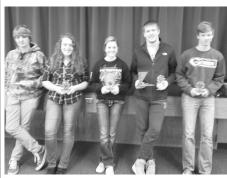
MERIDIAN 6th GRADERS GIVE BACK

The 6th Grade students of Meridian Elementary volunteered to serve food at the Matt Talbot Soup Kitchen on The previous Monday, April 18th. Friday, the class made over 200 brownies to take and serve to the less fortunate in They also prepared salad to Lincoln. serve the guests of Matt Talbot. The 16 Meridian students of served approximately 150 trays of food and helped out in the kitchen. Special thanks to the parents who donated food, Chris Haake for helping to bake the brownies, and to Deb Schwisow for helping chaperone the trip.

The Meridian School Board is discussing the possibility of an additional gym. There will be a public meeting on May 2nd, 2016, at 7:00 pm at Meridian Public Schools to discuss this process.

BASKETBALL CAMP

Meridian will be hosting a basketball camp this summer put on by Midwest Elite Basketball. The camp is geared toward incoming 7th-12th grade students. Both boys and girls are welcome to attend the camp. It is a three day event starting June 23 and ending on the 25th. The camp will focus on the fundamentals of shooting, and defense. The 5 hour camp includes a 30 minute break, video taping and a critique of each camper's jump shot, and player evaluation notebooks for each camper. The cost of the camp is \$135 per player. If you or your student is interested in attending let Coach Pohlmann know. You can reach Coach Pohlmann by email at spohlmann@meridianmustangs.org or you can call the school at 402-446-7265.



L to R: Jack Neihouse, Silvia Danieli, Erin Johnson, Jakub VanWesten, and Baxter Beals

ACTIONS DAY

Twenty-four (24) Meridian students attended Actions Day in Hastings at the Central Community College Campus on Wednesday March 16, 2016. The academic competition consisted of 28 high schools and over 1200 students. Students placing in the top five of testing sections were seniors: Jakub VanWesten 1st in Algebra 1 and 4th in Music, Silvia Danieli 4th in Chemistry; junior: Baxter Beals 4th in Art; sophomores: Jack Neihouse 4th in Word Problems and Erin Johnson 5th in Biology.

FBLA Attends State Leadership Conference

Thirteen Winners

The conference began its opening general session on Thursday afternoon with over 2,000 in attendance. The keynote speaker was Rhett Laubach addressing "Living the Big World of Others." His message was to encourage, inspire, and challenge you to live in the big world of others instead of the little world of self. After the general session, many of the students were beginning to take the first of their five tests they had to take

throughout the conference. Students were also able to attend workshops on many interesting topics.

It is such a honor for these students to receive awards because everyone is competing from all levels. Class A, B, C, and D Schools all compete together. There are over 65 events for the competitors to choose to participate in. Some of these events are individual and some are team events. Contestants in each event range from 3 to 691 competitors. Honorable mention is given to the top 4 percent on Friday evening in each event and the top eight places are given on Saturday morning at the Awards of Excellence Program.

Meridian Chapter also received an award for the largest Class D chapter with 63 members.

Congratulations to the FBLA members at the State Leadership Conference. Meridian was fortunate to have 13 winners at this year's conference. Honorable mentions were given on Friday night to Jake VanWesten in Business Communications, Erin Johnson in Intro to Business Communications. and Allison Klipp in Word During Processing. the awards ceremony on Saturday, other winners included: Business Plan-2nd-McKehna Bridgette Bartels. Jackson. VanWesten; DataBase-5th-Shelby Homolka; E-Business-6th-Erin Johnson, Breanna Miller, Riley Pieper; and Network Design-8th-Baxter Beals, Isaiah Ellis, and Crystal Nunez. The business plan has qualified for Nationals in June in Atlanta, Georgia. Good job to all 24 members that went to SLC. Congratulations to the FBLA members at the State Leadership Conference. Meridian was fortunate to have 13 winners at this year's conference. Honorable mentions were given on Fridaynight to Jake VanWesten in Business Communications. Erin Johnson Intro to **Business** Communications, and Allison Klipp in Word Processing. During the awards ceremony on Saturday, other winners included: Business Plan-2nd-McKehna Bartels. Bridgette Jackson. DataBase-5th-Shelby VanWesten: Homolka; E-Business-6th-Erin Johnson,



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Meridian Public Schools. We will be submitting physicals to insurance. If you would like Faibury Clinic to submit yours, please let the front desk know when you call to schedule your appointment.

The clinics of **Beatrice Community Hospital** will be offering physicals to area students. The necessary forms for your child's admission to school or participation in sports will need to be filled out prior to your Well Child Visit. You will need to be an established patient in the clinic you wish to schedule your visit with. If your student is not accompanied by a parent or legal guardian, written consent is necessary.

Please preschedule your appointment with one of the following clinics:

Beatrice Internal Medicine 402-228-3545 Beatrice Medical Center

402-228-3366 Gage County Medical Clinic 402-228-3436

Beatrice Women's and Children's Clinic 402-228-3117

> Wymore Medical Clinic 402-645-3310

BOYS STATE

Congratulations to the following juniors who were chosen to represent their perspective Legion Posts at Nebraska Boys State this year:

Baxter Beals will be representing Daykin Legion Post #198. He is the son of Matthew and Amy Beals of Alexandria. Baxter participates in football, wrestling (state qualifier), and track. He is actively involved in Student Council and FBLA. As hobbies, Baxter enjoys any type of sports.

Jacob Durflinger of Alexandria is the son of Richard and Gail Durflinger. He is involved in football, wrestling (state qualifier), and track. Jacob's hobbies include hunting and fishing. He attends the Alexandria Presbyterian Church and will represent the Alexandria Legion Post #194.

Isaiah Ellis, the son of Becky Ellis, is from Western. He is active in Student Council, FBLA, band, choir, Show Choir, Quiz Bowl, drama, and speech. Isaiah also participates in

basketball, baseball, and Attendance of Launch. He is Meridian's junior class president. He attends Zion Lutheran Church near Tobias, and is active in their YOF. Isaiah is sponsored by the Western Legion Post #225.

STUCO NEWS

As the school year is nearly to the end, the Council is racing against time in order to get everything done. Quickly reflecting on last month, the Council concluded the canned food drive at the end of the month. The elementary did an outstanding job- surpassing their goal and reaching 462.7 pounds. The high school however, landed short of their goal, but brought enough canned food to reach 331 pounds. The Council is proud to say the school is taking 793.7 pounds to Blue Valley Community Action in Fairbury to help area families in need.

The entire secondary participated in a fundraiser to sell plants. This fundraiser is huge and helps each class raise money for their perspective accounts. Student Council decided to help out and buy a few plants. As Graduation Day continues to get closer, the Council is in charge of landscaping. Purchasing the flowers not only helped with the fundraiser, but will also help the school look nice for this special day. Once the flowers arrive, they will be planted in the beds by the main doors of the school.

Every year, graduation means the Council will be losing great senior leaders. This year, StuCo will be saying goodbye to four seniors and two foreign exchange students. The Council will present gifts to the senior StuCo members during the last meeting. During graduation rehearsal, the Council will provide goodie bags to the entire senior class.

In order to ensure safety for the whole school, the Council will be having a seat belt check. A few members are selected to come early one morning to stand by the gates and check who is wearing their seat belts. The date of the check is kept top secret - that way it can be a surprise. Whoever is wearing a seatbelt will be given a piece of candy! The Council does this not only

Network Design-8th-Baxter Beals, Isaiah Ellis, and Crystal Nunez. The business plan has qualified for Nationals in June in Atlanta, Georgia. They will present their business plan to a panel of judges during the conference.

Breanna Miller, Riley Pieper; and

Good job to all 24 members that went to SLC.

2016 SPORTS PHYSICALS

It is time for parents and students to begin scheduling physicals for the 2016-2017 school year. All children entering Kindergarten and 7th Grade are required by the State to have a physical prior to the start of the school year. Every child participating in any sport or cheerleading must have a physical as well. Physical forms (including a Student and Parent Consent Form) are available at the end of this newsletter and at the District Office of Meridian Public Schools. These forms must be signed and turned in to the school before your student is allowed to participate in their chosen sport(s). The Student and Parent Consent Form is considered part of the physical and MUST be signed and returned as well.

The Fairbury Clinic, PC will be offering sports physicals to students of any grade by appointment. The price of a physical is \$66 with an additional \$8 fee for a urinalysis. This clinic requires students entering Kindergarten and 7th grade to have a urine test. Please stop by the clinic and pick up sterile urine cups prior to your child's physical. Collect the first morning urine and place the sample in the refrigerator until your appointment. Please call 402-729-3361 to schedule your appointment, as these need to be scheduled prior to August 1, 2016. Students must bring all forms with their name and date of birth on each page as indicated. The medical history form must be filled out as well. The forms will need to be brought to the clinic previously signed by a parent or guardian. If a student arrives at the Fairbury Clinic with incomplete forms, they will need to reschedule their appointment. Physical forms are available in the main office of



to reward whoever is wearing a seatbelt, but to remind students to wear them at all times for their safety.

Since it is the end of the school year, the Student Council elections have Anyone who begun! wishes to participate is encouraged to campaign. It is a huge opportunity to show leadership skills and bring your creative ideas to a group. I wish everyone luck who is running for a spot in the 2016-2017 Student Council! If you have any questions or concerns, please ask a current Student Council member or advisor, thanks!

> Public Relations, Crystal Nuñez

FOUNDATION MEETING

Meridian Public Schools Foundation will have their Annual Meeting at 7:00 p.m. on Tuesday, May 3, 2016. The Foundation will convene in the School

Commons. Since officers are elected at this meeting, we ask all members to attend and invite anyone who is interested to join us.

3rd & 4th Grade Girls

We need to take the time to recognize the Meridian 3rd & 4th grade girls' basketball team for their good work ethics at practice. They demonstrated improved fundamentals teamwork as the season progressed. This team was fun to coach! Congratulations Sage Barnell, Maria Dimas, Taelvn McKenzie Hofstetter, Braxtyn Rut, Jaylee Sobotka, Ana Dimas, Kaira Niederklein, Kymber Schwisow, and Jaala Stewart on your undefeated season and Shickley Tournament Championship!!! Love Ya "Man"

Coaches: Jack Sobotka, Scott Sobotka, Neal Filipi



WHO you are is what makes you special. Do not change for anyone. WHAT lies ahead will always be a mystery. Do not be afraid to explore. WHEN life pushes you over, you push back harder. WHERE there are choices to make, make the one you won't regret. WHY things happen will never be certain. Take it in stride and move forward.

Paije Barnell Cala Krupicka McKehna Bartels Krystal Lehn Brooke Massa Silvia Danieli Jordan Daniels Anna Most Alexis "Paige" Forney April Nelson Cesar Nuñez Ella Gregori Corey Taylor Bridgette Jackson Josh Traynor Harlee Kaderabek Jakub Van Westen

2016 FUNFRALL Softball Schedule

May 16th

Meridian @ Dorchester (14) Meridian @ DeWitt (18)

Friend @ Meridian (8,10)* Geneva @ Meridian (14) E-M @ Meridian (18)-8:15

May 20th

Meridian @ Geneva (8,10,10)*

May 23rd

Wilber @ Meridian (14,18)

May 25th

Diller Odell @ Meridian (8,10) DeWitt @ Meridian (18) Meridian @ Geneva (14)-8:15

May 27th

Meridian @ BDS (8,10)

May 31st

Triangular @ Meridian (18) Meridian vs Wilber-6:00 E-M vs Wilber-7:15 Meridian vs E-M-8:30

June 1st

Dorchester @ Meridian (8,10,14)

June 6th

Wilber@ Meridian (8,10,14)

June 6th

Wilber@ Meridian (8,10,14)

June 8th

Meridian @ E- \overline{M} (8,10,14)

June 13th

Plymouth @ Meridian (8,10,14)* Wilber @ Meridian (18)-8:15

June 15th

Meridian @ Dorchester (14) Meridian @ DeWitt (8,10,18)

Tournament Dates:

June 10th - 12th

10 and Under Districts @ Hastings 14 and Under Districts @ Hastings

June 17th-19th

8 and Under League Tournament @ DeWitt June 24th-26th

10 and Under League Tournament @ Meridian

June 26th, 27th, 29th

14 and Under League Tournament @ E/M

Scheduled Order:

Games will run 8's, 10's, 14's, 18's unless noted otherwise

Scheduled Times:

2 games a night: 6:00 and 7:00

3 games a night: 6:00, 7:00, & 8:15

*4 games a night: 5:00, 6:00, 7:00, & 8:15



■ PREPARTICIPATION PHYSICAL EVALUATION

153

HISTORY FORM

(Note: This form is to be filled out by the patient and parent prior to seeing the physician. The physician should keep this form in the chart.)

ame			Date of birth		
ex Age Grade Scho	ool		Sport(s)		
Medicines and Allergies: Please list all of the prescription and over-	the-cou	unter me	edicines and supplements (herbal and nutritional) that you are currently	taking	
Do you have any allergies? ☐ Yes ☐ No If yes, please ider☐ Medicines ☐ Pollens	ntify spe		ergy below. □ Food □ Stinging Insects		1
xplain "Yes" answers below. Circle questions you don't know the ans	swers t	0.			,
GENERAL QUESTIONS	Yes	No	MEDICAL QUESTIONS	Yes	No
1. Has a doctor ever denied or restricted your participation in sports for any reason?			26. Do you cough, wheeze, or have difficulty breathing during or after exercise?		
Do you have any ongoing medical conditions? If so, please identify below: Asthma Anemia Diabetes Infections			27. Have you ever used an inhaler or taken asthma medicine?		-
Other:			28. Is there anyone in your family who has asthma? 29. Were you born without or are you missing a kidney, an eye, a testicle		\vdash
3. Have you ever spent the night in the hospital?			(males), your spleen, or any other organ?		
4. Have you ever had surgery?			30. Do you have groin pain or a painful bulge or hernia in the groin area?		
HEART HEALTH QUESTIONS ABOUT YOU	Yes	No	31. Have you had infectious mononucleosis (mono) within the last month?		
 Have you ever passed out or nearly passed out DURING or AFTER exercise? 			32. Do you have any rashes, pressure sores, or other skin problems?		_
6. Have you ever had discomfort, pain, tightness, or pressure in your			33. Have you had a herpes or MRSA skin infection? 34. Have you ever had a head injury or concussion?		_
chest during exercise?			35. Have you ever had a hit or blow to the head that caused confusion,		+
7. Does your heart ever race or skip beats (irregular beats) during exercise?			prolonged headache, or memory problems?		
8. Has a doctor ever told you that you have any heart problems? If so, check all that apply:			36. Do you have a history of seizure disorder?		
☐ High blood pressure ☐ A heart murmur			37. Do you have headaches with exercise?		
☐ High cholesterol ☐ A heart infection ☐ Kawasaki disease Other:			38. Have you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling?		
Has a doctor ever ordered a test for your heart? (For example, ECG/EKG, echocardiogram)			39. Have you ever been unable to move your arms or legs after being hit or falling?		
10. Do you get lightheaded or feel more short of breath than expected			40. Have you ever become ill while exercising in the heat?		
during exercise?			41. Do you get frequent muscle cramps when exercising?		1
Have you ever had an unexplained seizure? Do you get more tired or short of breath more quickly than your friends			42. Do you or someone in your family have sickle cell trait or disease?		
during exercise?			43. Have you had any problems with your eyes or vision? 44. Have you had any eye injuries?		-
HEART HEALTH QUESTIONS ABOUT YOUR FAMILY	Yes	No	45. Do you wear glasses or contact lenses?		-
 Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 50 (including 			46. Do you wear protective eyewear, such as goggles or a face shield?		
drowning, unexplained car accident, or sudden infant death syndrome)?			47. Do you worry about your weight?		
 Does anyone in your family have hypertrophic cardiomyopathy, Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy, long QT 			48. Are you trying to or has anyone recommended that you gain or lose weight?		
syndrome, short QT syndrome, Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia?			49. Are you on a special diet or do you avoid certain types of foods?		
15. Does anyone in your family have a heart problem, pacemaker, or			50. Have you ever had an eating disorder?	-	+
implanted defibrillator?			51. Do you have any concerns that you would like to discuss with a doctor? FEMALES ONLY		
16. Has anyone in your family had unexplained fainting, unexplained seizures, or near drowning?			52. Have you ever had a menstrual period?		
BONE AND JOINT QUESTIONS	Yes	No	53. How old were you when you had your first menstrual period?		
Have you ever had an injury to a bone, muscle, ligament, or tendon that caused you to miss a practice or a game?			54. How many periods have you had in the last 12 months?		
Have you ever had any broken or fractured bones or dislocated joints?			Explain "yes" answers here		
19. Have you ever had an injury that required x-rays, MRI, CT scan,					
injections, therapy, a brace, a cast, or crutches?					
20. Have you ever had a stress fracture?					
 Have you ever been told that you have or have you had an x-ray for neck instability or atlantoaxial instability? (Down syndrome or dwarfism) 					
22. Do you regularly use a brace, orthotics, or other assistive device?				A.	
23. Do you have a bone, muscle, or joint injury that bothers you?					
24. Do any of your joints become painful, swollen, feel warm, or look red?			-		
25. Do you have any history of juvenile arthritis or connective tissue disease?],		
hereby state that, to the best of my knowledge, my answers to t	he abo	ve ques	stions are complete and correct.		
Signature of athlete* Signature o	f parent/g	uardian _	Date		
2010 American Academy of Family Physicians, American Academy of Pediatri Society for Sports Medicine, and American Osteopathic Academy of Sports Med			ege of Sports Medicine, American Medical Society for Sports Medicine, American		edic



■ PREPARTICIPATION PHYSICAL EVALUATION

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THE ATHLETE WITH SPECIAL NEEDS: SUPPLEMENTAL HISTORY FORM

ame			Date of	birth	
	Grade	School	Sport(s)		
Type of disability		Š.			
2. Date of disability		-			
3. Classification (if avai	ilable)				
	birth, disease, accident/trauma, oth	er)			
	re interested in playing				
				Yes	No
6. Do you regularly use	e a brace, assistive device, or prostf	hetic?			
7. Do you use any spec	cial brace or assistive device for sp	orts?			
3. Do you have any ras	shes, pressure sores, or any other s	kin problems?			
9. Do you have a hearir	ng loss? Do you use a hearing aid?				
0. Do you have a visual	I impairment?				
	cial devices for bowel or bladder fu	nction?			
	g or discomfort when urinating?	<u> </u>			
3. Have you had autono					
		perthermia) or cold-related (hypothermia) ill	ness?		
5. Do you have muscle					
6. Do you have frequer	nt seizures that cannot be controlle	d by medication?			
oplain "yes" answers h	nere				
	2012 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1				
lease indicate if you ha	ave ever had any of the following	g.			
				Yes	No
Atlantoaxial instability	No. of the second				
X-ray evaluation for atla					
Dislocated joints (more t	than one)				
Easy bleeding					
Enlarged spleen					-
Hepatitis					
Osteopenia or osteoporo					
Difficulty controlling boy					
Difficulty controlling bla					
Numbness or tingling in					
Numbness or tingling in					
Weakness in arms or ha					
Weakness in legs or fee					-
Recent change in coord					
Recent change in ability	y to walk				
Spina bifida					-
Latex allergy					
xplain "yes" answers	here				
		-			
				,	
hereby state that, to t	he best of my knowledge, my an	nswers to the above questions are compl	ete and correct.		
			ete and correct.	Date	
	the best of my knowledge, my an		ete and correct.	Date	

PHYSICIAN REMINDERS



■ PREPARTICIPATION PHYSICAL EVALUATION PHYSICAL EXAMINATION FORM

155

Date of birth

Consider additional ques Do you feel stressed (Do you ever feel sad, Do you feel safe at yo Have you ever tried ci During the past 30 da Do you drink alcohol (Have you ever taken a Have you ever taken a Do you wear a seat bi Consider reviewing ques	out or under hopeless, dour home or garettes, chays, did you or use any oanabolic steany supplemelt, use a he	a lot of prepressed, residence newing tobuse chewing tobuse chewing troids or us nents to helmet, and	ressure or anx ? acco, ing tob s? sed an elp you use co	e? snuff, or dip? bacco, snuff, or y other perforn u gain or lose w ondoms?	nance supplement? reight or improve you	r perforn	nance?					
EXAMINATION												
Height		Wei	ght			1 Male	☐ Female					
BP /	(/)	Pulse		Vision I			L 20/	Corrected		
MEDICAL	,						NORM	AL		ABNORMAL FIN		
Appearance												
Marfan stigmata (kypho arm span > height, hyp					vatum, arachnodacty	rly,						
Eyes/ears/nose/throatPupils equalHearing												
Lymph nodes			•						-			
Heart a • Murmurs (auscultation • Location of point of ma			Valsal	va)					1			
Pulses • Simultaneous femoral a	e Agrico	GA 72.1		à								
Lungs		- X - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1										
Abdomen	1940 100 100 100 100 100 100 100 100 100 1	-										10000
Genitourinary (males only)	b											
Skin HSV, lesions suggestive	of MRSA t	inea corno	oris									
Neurologic c	, or milo, ,	inoa oorpe	7110									
MUSCULOSKELETAL												
Neck										ordinant contributes of remaining a contribute of the contribute o		
Back		. 424										
Shoulder/arm												
Elbow/forearm												
Wrist/hand/fingers												
Hip/thigh												
Knee									-			
Leg/ankle Foot/toes									-			
Functional												
Duck-walk, single leg h Consider ECG, echocardiogram		to cordiolog	u for al	anarmal cardina h	intern or over				L			
Consider GU exam if in private Consider cognitive evaluation o	setting. Havin	g third party	prese	nt is recommende	ed.							
☐ Cleared for all sports wi	ithout restri	ction										
☐ Cleared for all sports wi	ithout restri	ction with	recom	nmendations fo	r further evaluation o	r treatme	ent for				-	
□ Not cleared												
☐ Pending f	urther evalu	ation										
☐ For any s	ports											
☐ For certai	n sports _											
Recommendations												
I have examined the abov participate in the sport(s) tions arise after the athle explained to the athlete (a	as outline te has beer	d above. <i>i</i> n cleared	A copy for pa	y of the physic	al exam is on recor	d in my	office and car	n be made	e available to the	school at the request	of the parents. If con	ndi-
Name of physician (print/ty	pe)			-							Date	
Address	r ~/										Date	
Signature of physician										1 HOHE		MD or DO
gridian or prijotolan											, 17	טע וט עוו



Meridian Public School, District 48-0303

May, 2016

■ PREPARTICIPATION PHYSICAL EVALUATION CLEARANCE FORM

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Name	Sex LI MI LI F Age	Date of birth
☐ Cleared for all sports without restriction		
☐ Cleared for all sports without restriction with recommendation	ns for further evaluation or treatment for	
□ Not cleared		
☐ Pending further evaluation		
☐ For any sports		
Recommendations		
*,		
I have examined the above-named student and comp		
clinical contraindications to practice and participate i and can be made available to the school at the reques	In the sport(s) as outlined above. A copy of the	physical exam is on record in my office
the physician may rescind the clearance until the pro		
(and parents/guardians).		
Name of physician (print/type)		Date
Address		Phone
		Phone
Address		Phone
Address		Phone
Address Signature of physician EMERGENCY INFORMATION		Phone, MD or DO
AddressSignature of physician		Phone, MD or DO
Address Signature of physician EMERGENCY INFORMATION		Phone, MD or DO
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AddressSignature of physician EMERGENCY INFORMATION Allergies		Phone, MD or DO



To be completed for students participating in all NSAA activities.



NEBRASKA SCHOOL ACTIVITIES ASSOCIATION (NSAA) Student and Parent Consent Form

School Year: 20 Member School:
Name of Student: Date of Birth: Place of Birth:
The undersigned(s) are the Student and the parent(s), guardian(s), or person(s) in charge of the above named Student and are collectively referred to as "Parent".
The Parent and Student hereby: (1) Understand and agree that participation in NSAA sponsored activities is voluntary on the part of the Student and is a privilege;
(2) Understand and agree that (a) by this Consent Form the NSAA has provided to the Parent and Student of the existence of potential dangers associated with athletic participation; (b) participation in any athletic activity may involve injury of some type; (c) the severity of such injury can range from minor cuts, bruises, sprains, and muscle strains to more serious injuries to the body's bones, joints, ligaments, tendons, or muscles, to catastrophic injuries to the head, neck and spinal cord, and on rare occasions, injuries so severe as to result in total disability, paralysis and death; and, (d) even the best coaching, the use of the best protective equipment and strict observance of rules, injuries are still a possibility;
(3) Consent and agree to participation of the Student in NSAA activities subject to all NSAA by-laws and rules interpretations for participation in NSAA sponsored activities, and the activities rules of the NSAA member school for which the Student is participating; and,
(4) Consent and agree to (a) the disclosure by the Member School at which the Student is enrolled to the NSAA, and subsequent disclosure by the NSAA, of information regarding the Student, including the student's name, address, telephone listing, electronic mail address, photograph, date of and place of birth, major fields of study, dates of attendance, grade level, enrollment status (e.g., full-time or part-time), participation in officially recognized activities and sports, weight and height of as a member of athletic teams, degrees, honors and awards received, statistics regarding performance, records or documentation related to eligibility for NSAA sponsored activities, medical records, and any other information related to the Student's participation in NSAA sponsored activities; and, (b) the Student being photographed, video taped, audio taped, or recorded by any other means while participating in NSAA activities and contests, consent to and waive any privacy rights with regard to the display of such recordings, and waive any claims of ownership or other rights with regard to such photographs or recordings or to the broadcast, sale or display of such photographs or recordings.
I acknowledge that I have read paragraphs (1) through (4) above, understand and agree to the terms thereof, including the warning of potential risk of injury inherent in participation in athletic activities.
DATED thisday of
Name of Student [Print Name] Student Signature
(I am)(We are) the Student's [circle appropriate choice] (Parent) (Guardian). (I)(We) acknowledge that (I)(We) have read paragraphs (1) through (4) above, understand and agree to the terms thereof, including the warning of potential risk of injury inherent in participation in athletic activities. Having read the warning in paragraph (3) above and understanding the potential risk of injury to my Student, (I)(we) hereby give (my)(our) permission for [insert student name] to practice and compete for the above named high school in activities approved by the NSAA, except these crossed out below:
Baseball Golf Tennis Play Production Basketball Swimming/Diving
Track Football Speech Cross County Soccer Volleyball
Music Football Softball Wrestling Debate Journalism
DATED this day of
Parent [Print Name] Parent Signature



2016 SFS Baseball Schedule

Tuesday, May 10th

Meridian @ E-M North (Peewee) Meridian vs E-M @ Milligan (American) Meridian vs E-M @ Milligan (National)

Thursday, May 12th

E-M South @ Meridian (Peewee) Meridian American—BYE Meridian @ Friend (National)

Tuesday, May 17th

Wilber White @ Meridian (Peewee) Wilber White @ Meridian (American) Wilber White @ Meridian (National)

Thursday, May 19th

McCool @ Meridian (Peewee) McCool @ Meridian (American) McCool @ Meridian (National)

Tuesday, May 24th

Meridian @ Geneva Black (Peewee) Meridian @ Geneva Black (American) Meridian @ Wilber White* (National)

Thursday, May 26th

Meridian @ Geneva Purple (Peewee) Meridian @ Geneva Purple (American) Meridian vs E-M @ Exeter* (National)

Tuesday, May 31st

Meridian @ Wilber Green (Peewee) Meridian @ Wilber Green (American) Meridian National—BYE

Thursday, June 2

Meridian @ Dorchester (Peewee) Meridian @ Dorchester (American) Meridian @ Dorchester (National)

Tuesday, June 7th

DeWitt @ Meridian (Peewee) DeWitt @ Meridian (American) DeWitt/Plymouth @ Meridian (National)

Thursday, June 9th

Meridian @ Wilber Black (Peewee) Meridian @ Wilber Black (American) Meridian @ Wilber Black (National)

Tuesday, June 14th

Friend 31's @ Meridian (Peewee) Friend @ Meridian (American)

Friend @ Meridian (National)

Thursday, June 16th Meridian @ Friend 21's (Peewee) Meridian @ Geneva Silver (American) Meridian @ Geneva Silver (National)

Tuesday, June 21st

Plymouth @ Meridian (Peewee) Plymouth @ Meridian (American) DeWitt/Plymouth @ Meridian* (National)

Regular Game Times

Peewee: 5:50 p.m. American: 7:00 p.m. National: 8:30 p.m. **Times may vary, please check with

*Added National League Game

your coaches.

**Tourney Seed Meeting June 15, 2016

TOURNAMENTS

Peewee: June 24, 25, 26 @ Milligan - Some June 24, games @ Friend

American: June 23, 25, 27, 28 @ Plymouth - Some June 23, games @ Meridian

National: June 24, 26, 29, 30 -June 24, games @ TBA - June 26, 29, 30, games @ Friend

Meridian Senior Legion Baseball Schedule

June 3rd vs Geneva @ Geneva - 7:00 p.m. June 5th vs Lincoln Christian @ Lincoln East - 7:30 p.m. June 12th vs Geneva @ Daykin - 2:00 p.m.

June 15th vs Wymore @ Daykin - 7:30 p.m.

June 18th vs Bennet @ Bennet - 2:00 p.m.

June 24th vs Adams @ Adams - 7:30 p.m. June 25th vs Wilber @ Wilber - 7:00 p.m.

June 26th vs Edgar @ Daykin - 7:00 p.m.

June 29th vs Bennet @ Daykin - 7:30 p.m.

July 1st vs Edgar @ Edgar - 7:00 p.m. July 5th vs Hebron @ Daykin - 7:30 p.m. July 14th vs Wilber @ Daykin - 7:30 p.m.

July 15th vs Wymore @ Wymore - 7:30 p.m.

July 20th vs Adams @ Daykin - 7:30 p.m.

July 22nd – July 27th **Districts**



Meridian Alumni Banquet June 11, 2016

Activities are being planned for the Meridian Alumni Banquet to be held on Saturday, June 11, 2016, at the Tobias Auditorium.

Honored classes for this year will be: 1971, 76, 81, 86, 91, 96, 2001, 06, 11, and 16. We encourage members of those classes to contribute ideas and any help to make your honor class a special group.

Entertainment for this year is **David Kier**, standup comedian/musical impressionist from Nashville, Tennessee. He has worked with such greats as Reba McEntire, Oprah Winfrey, Ronnie Milsap, Kevin Bacon, and Don McLean.

We will be providing old trophies and plaques from Meridian to be purchased at a nominal cost. These will only be available at the banquet.

There will be co-ed sand volleyball at the Daykin volleyball court, and alumni wrestling is being proposed. **Spouses** and **guests** who did not graduate from Meridian are invited to participate. The Alumni Association is also open to a golf tournament on Saturday if there would be enough participants.

Cost for the banquet is \$18 for single or \$35 per couple. This includes the following:

- 1) T-shirt for graduates
- 5) Beverages at banquet

2) Awards for VB

6) Speaker

3) Building rent

7) Dance

4) Banquet meal

8) Certificates

For additional information on any matter contact:

Larry Miller (402)446-7271 Paul Bachle (402)446-7243

	Meridian Alumni June 11, 201		
Banquet Only	Yr Graduated	T-shirt Size	
	ıme	m 11. C.	
Banquet Only	Yr Graduated	T-shirt Size	
Volleyball	nme		
Volleyball			
Enclosed is my check for Mail registrations to: Meridian A			





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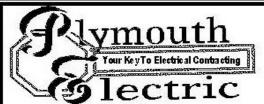
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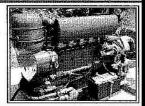


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402.446.7312 paul.bachle@naucountry.com







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