




Meridian Public School

November 2019

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
					No School Teacher InService	
3	4	5	6	7	8	9
The first line of each day is the breakfast menu the rest is lunch. Breakfast also includes fruit, juice & milk.	Ham, Egg Bar/Toast Soft shell Taco Lettuce/Salsa Refried Beans Churro	Coffee Cake/Yogurt Cheeseburger Macaroni Corn Roll Chocolate Cake	Cinn. Bkf. Cookie Hamburgers French fries Peas	Biscuits & Gravy Chicken Drumstick Mashed Potatoes Gravy Roll Green Beans	Pancakes & Sausage Breaded Chicken Sandwich Scalloped Potatoes Carrots	Menu is subject to change without notice.
10	11	12	13	14	15	16
Cereal is a substitute for any breakfast entrée.	Egg, Bacon Bkf. /Toast Salisbury Steak Mashed Potatoes Gravy Corn Roll	Donut Crispitos Cheese Spanish Rice Carrots	Omelet/Toast Warm Ham Sandwich Broccoli & Cheese Pudding	Cinnamon rolls Walking Tacos Lettuce/Salsa Green Beans Choc Chip Cookie Bar	French Toast Sticks Chicken Monte Carlo Sandwich French Fries Peas	This institution is an equal opportunity employer.
17	18	19	20	21	22	23
Fresh fruit & Vegetable Bar and choice of 1%, white or skim choc milk is offered each day. PK gets 1% white only.	Scrambled Eggs/Toast Chicken Teriyaki Brown Rice Bread Green Beans	Breakfast Burrito Pizza Peas Frozen Fruit Cup	Bagel Chili Soup Crackers String Cheese Cinnamon Roll	Poptart/Yogurt Hot Dogs Chips Baked Beans Sauerkraut	PB& J Sandwich Turkey Dinner Mashed Potatoes Gravy Roll Corn Pumpkin Dessert	
24	25	26	27	28	29	30
	Banana Bread Chicken Fajitas Lettuce/Salsa Spanish Rice Corn	Funnel Cake/Fruit Cavatini French Bread Green Beans Cookie	BKF Sandwich Turkey Deli Sandwich Chips California Blend	 No School	Thanksgiving Vacation No School	