

CRC Track Field Girls Top 10 Performers Since 1981 (Updated 5/14)

<u>100 meters</u>				<u>200 meters</u>			
Jody Shoup	Hordville	12.2	1977	Mindi Sealey	Polk-Hordville	26.3	1992
Dawn Lisec	Dorchester	12.5	1991	Erin Lichti	Shickley	26.4	2002
Marla Happold	Giltner	12.6	1989	Jamie Nunnenkamp	Hampton	26.4	2003
TaLisa Krejci	Exeter/Milligan	12.6	2006	Shelby Garland	BDS	26.4	2012
Niki Glasser	Polk-Hordville	12.7	1998	Marla Happold	Giltner	26.5	1989
Erin Lichti	Shickley	12.7	2002	Jodi Widga	Polk	26.5	1984
Jamie Nunnenkamp	Hampton	12.7	2004	Allee Kuska	Exeter/Milligan	26.5	2007
Deb Goertzen	Hampton	12.8	1986	Arielle Brinkman	Shickley	26.7	2006
Krystal Ditloff	High Plains	12.8	2004	Jennifer Mick	BDS	26.8	2014
Taylor VanHousen	Hampton	12.8	2009	-- 5 tied at 27.0 --			
Jennifer Mick	BDS	12.8	2014				
<u>400 meters</u>				<u>800 meters</u>			
Jodi Widga	Polk	59.6	1985	Mindi Sealey	Polk-Hordville	2:21.5	1994
Mindi Sealey	Polk-Hordville	59.8	1992	Brooklyn Swantek	McCool Jct	2:24.8	2012
Tatia Harris	Rising City	60.4	1983	Kelsey Erhart	Osceola	2:25.2	2011
Leah Quiring	Hampton	60.7	1990	JJ Hall	Exeter/Millig	2:26.7	2005
Steph Thomas	McCool Jct	60.9	1985	Shawna Anderson	Clay Center	2:27.0	2002
Randi Janzen	Giltner	60.9	2012	Jennifer Pribyl	Exeter-Milligan	2:27.1	2011
Nicky White	McCool Jct	61.0	1999	Sylvia Veit	Polk	2:28.0	1985
Dana Alt	Shelby-RC	61.3	2013	Leah Quiring	Hampton	2:28.2	1990
Channa Hess	McCool Jct	61.4	2009	Nancy McDermott	Giltner	2:28.2	1985
Shelby Garland	BDS	61.6	2012	Annie Shenk	Polk-Hordville	2:28.8	1993
<u>1600 meters</u>				<u>3200 meters</u>			
Kayte Tranel	Hampton	5:26.6	2001	Kayte Tranel	Hampton	11:42.8	2001
Sylvia Veit	Polk-Hordville	5:26.8	1988	Sylvia Veit	Polk-Hordville	11:47.9	1988
Laura Peterson	Polk-Hordville	5:38.5	2000	Molly Miller	Clay Center	12:15.6	2001
Molly Miller	Clay Center	5:41.0	2001	Jamie Miller	McCool Jct	12:17.3	1998
Lisa Ochsner	McCool Jct	5:42.8	1999	Natalie Nauman	Giltner	12:19.7	1998
JJ Hall	Exeter/Milligan	5:44.0	2006	Jordan Schmoldt	Clay Center	12:23.8	2002
Candiacce Clark	McCool Jct	5:45.7	2007	Amber Anderson	Polk	12:25.2	1985
Brooklyn Swantek	McCool Jct	5:47.8	2012	Brenda VanHousen	Polk-Hordville	12:31.7	1988
Heather Pribyl	Exeter-Milligan	5:50.9	2011	Brooklyn Swantek	McCool Jct	12:45.5	2013
Jackie McIlravy	McCool Jct	5:52.5	2007	Candiacce Clark	McCool Jct	12:46.8	2006
<u>100 meter High Hurdles</u>				<u>300 meter Low Hurdles</u>			
Jenny Lockmon	Giltner	15.2	2007	TaLisa Krejci	Exeter/Milligan	47.0	2006
TaLisa Krejci	Exeter/Millig	15.5	2006	Catherine Mick	BDS	47.2	2014
Sarah Wolfe	High Plains	15.7	2002	Leah Quiring	Hampton	47.8	1992
Catherine Mick	BDS	15.7	2014	Nicky White	McCool Jct	47.8	2000
Steph Thomas	McCool Jct	15.9	1987	Mindi Sealey	Polk-Hordville	48.0	1994
Stacey Bachle	Meridian	15.9	2002	Steph Thomas	McCool Jct	48.0	1987
Julia Garey	Polk-Hordville	16.1	1999	Stephanie Hoyt	Clay Center	48.1	2006
Nicole Bettger	Fairmont	16.1	1991	Heidi Hall	Exeter	48.2	1993
Taylor Houck	BDS	16.2	2013	Aftan Smith	McCool Jct	48.3	2005
Stephanie Hoyt	Clay Center	16.3	2006	Kim Swanson	Marquette	48.5	1987

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<u>400 meter Relay</u>				<u>1600 meter Relay</u>			
BDS	Christy Swartzendruber, Jennifer Mick, Jill Schroeder, Catherine Mick	51.7	2014	Giltner	Randi Janzen, Gussie Rhoades, Dani Most, Abbey Preissler	4:18.1	2012
Giltner		52.1	2012	Exeter/Milligan		4:18.9	2006
Giltner		52.3	2013	Shelby-RC		4:19.7	2012
BDS		52.3	2013	Polk-Hordville		4:19.8	1995
Hampton		52.5	1992	Polk		4:20.9	1984
Shickley		52.5	2002	Exeter-Milligan		4:22.0	2010
Exeter-Milligan		52.8	2013	Exeter-Milligan		4:22.2	2013
Polk-Hordville		53.0	1992	BDS		4:22.2	2013
Giltner		53.0	2011	Exeter-Milligan		4:22.4	2012
Hordville		53.1	1977	Meridian		4:23.4	2002
<u>3200 meter Relay</u>							
Clay Center	Amy Parnell, Molly Miller, Jordan Schmoltd, Shawna Anderson	10:19.9	2001				
Polk		10:29.0	1984				
Polk		10:30.2	1985				
Clay Center		10:31.1	2002				
Exeter-Milligan		10:31.1	2012				
Exeter-Milligan		10:31.8	2004				
Hampton		10:37.0	2000				
Exeter-Milligan		10:37.8	2010				
Polk-Hordville		10:38.1	1988				
High Plains		10:39.0	2014				